

Rege Rege

拍数: 36 墙数: 4 级数: Beginner
编舞者: Roosamekto Mamek (INA) - October 2020
音乐: Rege Rege - Siantar Rap Foundation



Intro: 36 count

S1. FORWARD SHUFFLE SLIGHTLY DIAGONAL

1&2 Step R forward slightly diagonal - Step L ball behind R - Step R forward slightly diagonal (12:00)
3&4 Step L forward slightly diagonal - Step R ball behind L - Step L forward slightly diagonal
5&6 Step R forward slightly diagonal - Step L ball behind R - Step R forward slightly diagonal
7&8 Step L forward slightly diagonal - Step R ball behind L - Step L forward slightly diagonal (12:00)

S2. PIVOT 1/2 TURN LEFT, SHUFFLE TURN 1/2 LEFT, BACK SHUFFLE, WALK BACK

1-2 Step R forward - Turn 1/2 left (6:00)
3&4 Turn 1/4 left step R to side - Step L together or cross over R - Turn 1/4 left step R back (12:00)
5&6 Step L back - Lock R over L - Step L back
7-8 Step R back - Step L back (12:00)

S3. SIDE ROCK, CROSS SHUFFLE, PIVOT 1/4 RIGHT, FORWARD LOCK SHUFFLE

1-2 Rock R to side - Recover on L (12:00)
3&4 Cross R over L - Step L to side - Cross R over L
5-6 Step L to side - Turn 1/4 right (3:00)
7&8 Step L forward - Lock R behind L - Step L forward (3:00)

S4. ROCKING CHAIR, PADDLE TURN 1/4 LEFT (2X)

1-4 Rock R forward - Recover on L - Rock R back - Recover on L (3:00)
5-8 Step R forward - Turn 1/4 left - Step R forward - Turn 1/4 left (9:00)

S5. JAZZ BOX

1-4 Cross R over - Step L back - Step R to side - Step L forward (9:00)

REPEAT

For more info about step sheet & song, please contact:
Mamek : Roosamekto.Nugroho@gmail.com