Don't Do Me No Good



拍数: 32 墙数: 4 级数: Easy Intermediate

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音乐: Don't Do Me No Good - Gretchen Wilson



Sequence: 32-32-20-32-20-32-20-32-32-32-32

Intro: 16 Counts

Sec 1: Chasse R, Back Rock, Recover, Shuffle fwd, Step fwd, Pivot 1/2 Turn L

1&2 RF. Step side - LF. Close beside RF - RF. Step side

3-4 LF. Back rock - RF. Recover

5&6 LF. Step forward - RF. Close beside LF - LF. Step forward

7-8 RF. Step forward - Pivot 1/2 turn L (6:00)

Sec 2: Step fwd, Brush fwd, Brush across, Brush fwd, Shuffle fwd, Touch with Knee Pop, 1/4 Turn R

1 RF. Step forward

2-3-4 LF. Brush forward - LF. Brush back across R-leg - LF. Brush forward

5&6 LF. Step forward - RF. Close beside LF - LF. Step forward

7-8 LF. Touch toe beside RF and pop R-knee - 1/4 Turn R (weight on LF) (9:00)

Sec 3: Back Rock, Recover, Out Out, In In, Walk R.L fwd, Step Diagonal fwd, Touch, Step Diagonal fwd,

Touch

1-2 RF. Back rock - LF. Recover

&3&4 RF. Step side (out) - LF. Step side (out) - RF. Step back to center (in) - LF. Step together (in)

Restart Point

5-6 RF. Step forward - LF. Step forward

&7&8 RF. Step diagonal R forward - LF. Touch toe beside RF - LF. Step diagonal L forward - RF.

Touch toe beside LF

Sec 4: Stomp/Rock Diagonal fwd, Recover, Behind-Side-Cross x2

1-2 RF. Stomp/rock diagonal R forward - LF. Recover

3&4 RF. Cross behind LF - LF. Step side - RF. Cross over LF

5-6 LF. Stomp/rock diagonal L forward - RF. Recover

7&8 LF. Cross behind RF - RF. Step side - LF. Cross over RF

Start Again

Restart: in the 3rd (3:00), 5th (9:00), 7th (3:00), 9th (9:00) wall, after count 20, count 4 of the 3rd block

Ending: Dance the 13th wall up to and including count 31, count 7 of the 3rd block, then do (9:00)

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