

Live Without You

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Advanced
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音乐: How Am I Supposed to Live Without You - Michael Bolton



#16 Count Intro

Restart on Wall 2 (after count 44) and Wall 5 (after count 36)

[01 - 08]: Basic, ¼ Sweep, Cross ¾ Turn, Step ½ Pivot Step, Run Run

1-2& Step right to right, step left beside right, cross right over left
3 Turn ¼ left step left forward sweeping right from back to front (9:00)
4&5 Cross right over left, turn ¼ right step left back, turn ½ right step right forward (6:00)
6&7 Step left forward, pivot ½ right taking weight onto right, step left forward (12:00)
8& Step right forward, step left forward

[09 - 17]: Rock, ¼ Side, Cross, ¾ Turn, Rock ½ Turn, Full Spiral, Full Turn, Sweep

1-2& Rock right forward, recover weight onto left, turn ¼ right step right to right (3:00)
3-4& Cross left over right, turn ¼ left step right back, turn ½ left step left forward (6:00)
5-6& Rock right forward, recover weight onto left, turn ½ right step right forward (12:00)

Arms:

5-6 Raise right arm from waist to shoulder height in front of body, pull right hand to right shoulder
7 Step left forward spiralling full turn right,
8& Step right forward, turn ½ right step left back,
1 Turn ½ right step right forward sweeping left from front to back (12:00)

Non Turning Option:

7 Step left forward
8& Step right forward, step left forward (12:00)
1 Step right forward sweeping left from front to back (12:00)

[18 - 25]: Weave Sweep, Behind ¾ Turn, Walk, Walk, Walk, Rock

2&3 Cross left over right, step right to right, step left behind right sweeping right from front to back
4&5 Step right behind left, turn ¾ left step left forward, step right forward (7:30)
6-7 Step left forward, step right forward

Arms:

5-6 Raise right arm from waist to shoulder height in front of body
7 Pull right hand to right shoulder
8&1 Rock left forward, recover weight onto right, step left back

[26 - 32]: Back, Rock Recover Forward, Step ½ Turn, ½ Sweep, Back Sweep, Back Sweep, Behind Side

2&3 Rock right back, recover weight onto left, step right forward
4& Step left forward, pivot ½ right taking weight onto right (1:30)
5 Turn ½ right step left back sweep right from front to back (7:30)
6 Step right back sweeping left from front to back
7 Step left back sweeping right from front to back
8& Step right back, turn ¼ left step left to left (6:00)

[33 - 40]: Cross Rock, Weave, Cross Rock, Jazz Box Cross

1-2& Cross rock right over left, recover weight onto left, step right to right
3&4& Cross left over right, step right to right, step left behind right, step right to right

Restart & Step Change On Wall 5

***3&4& Cross left over right, step right to right, step left behind right, touch right beside left

5-6& Cross rock left over right, recover weight onto right, step left to left

7&8& Cross right over left, step left back, step right to right, cross left over right

[41 - 48]: Basic, ½ Hinge Turn, Cross, Sways, ¼ Step, Full Turn

1-2& Step right to right, step left beside right, cross right over left

3-4& Step left to left, turn ½ right step right to right, cross left over right (12:00)

*****Restart On Wall 2*****

5-6& Step right to right swaying body right, sway body left, sway body right

7-8& Turn ¼ left step left forward, turn ½ left step right back, turn ½ left step left forward (9:00)

Non Turning Option:

7-8& Turn ¼ left step left forward, step right forward, step left forward (9:00)

Turn ¼ left to Restart the dance facing 6:00
