

BS - Beers and Sunshine

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Gail Smith (USA) - September 2020
音乐: Beers and Sunshine - Darius Rucker



You are welcome to use other songs with a straight 32 count to eliminate the restarts.

INTRO: 16 Counts – 4 Restarts (Don't let that scare you!)

Restarts #1 and #3 leave out the last 4 counts of the dance. Restart after 28 counts when he sings Beers and Sunshine.

Restarts #2 and #4 instrumental. Restart after 16 counts

SIDE TOUCHES, R-TOGETHER-R, TOUCH, SIDE TOUCHES, SHUFFLE 1/4 TURN

1 & 2 & Step R to side, Touch L next to R, Step L to side, Touch R next to L - 12:00
3 & 4 & Step R to side, Step L next to R, Step R to side, Touch L next to R
5 & 6 & Step L to side, Touch R next to L, Step R to side, Touch L next to R
7 & 8 Shuffle 1/4 turn L stepping L - R - L - 9:00

SYNC ROCKING CHAIR, TOE STRUTS, SYNC ROCKING CHAIR, PIVOT 1/2 TURN

1 & 2 & Rock R fwd, Rec onto L, Rock R back, Rec onto L
3 & 4 & Step R toes fwd, Step R heel down, Step L toes fwd, Step L heel down
5 & 6 & Rock R fwd, Rec onto L, Rock R back, Rec onto L
7 - 8 Step R fwd, Pivot 1/2 turn L - 3:00

RESTART #2 on wall 3. Dance begins facing 6:00. Restart happens facing 9:00.

RESTART #4 on wall 6. Dance begins facing 3:00. Restart happens facing 6:00.

R SIDE-ROCK-CROSS, L SIDE-ROCK-CROSS, 1/2 (3 BOUNCES), R COASTER STEP

1 & 2 Rock R out to side, Rec onto L, Step R across L
3 & 4 Rock L out to side, Rec onto R Step L across R
5 Raise heels up and Swivel a slight turn R, Place heels down
& 6 Repeat turning bounce 2 more times completing a 1/2 turn R (WOL) 9:00
7 & 8 Step R back, Step L next to R, Step R fwd

CROSS-ROCK-SIDE-ROCK-BACK-ROCK-TOG, CROSS-ROCK-SIDE-ROCK-BACK-ROCK-TOUCH

1 & 2 & Rock L across R, Rec onto R, Rock L out to side, Rec onto R
3 & 4 Rock L crossed behind R, Rec onto R, Step L next to R

RESTART #1 on wall one. Happens facing 9:00.

RESTART #3 on wall 4. Dance begins facing 9:00. Restart happens facing 6:00.

5 & 6 & Rock R across L, Rec onto L, Rock R out to side, Rec onto L
7 & 8 Rock R behind L, Rec onto L, Touch R next to R

START OVER!

Last Update - 12 Oct. 2020