

Boom Boom Goes My Heart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sonja Hemmes (USA) - October 2020
音乐: Boom Boom Goes My Heart - Alex Swings Oscar Sings! : (Album: Heart 4 Sale)



Start on Lyrics (Heart)

TRIPLE, ROCK BACK, RIGHT THEN LEFT

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock left back, step on right
- 3&4 Step left to left side, step right next to left, step left to left side
- 7-8 Rock right back, step on left

TOE STRUTS FORWARD, JAZZ BOX

- 1-2 Step right toe forward, drop right heel
- 3-4 Step left toe forward, drop left heel
- 5-6 Step right forward, step left back
- 7-8 Step right to right side, step left next to right

STEP TOUCHES FORWARD, BOOGIE WALK BACK

- 1-2 Step right forward, touch left next to right
- 3-4 Step left forward, touch right next to left
- 5-8 Step right back, left back, right back, left back

Boogie Walk Styling: Knees close together, arms straight down.

Move shoulders down in the same direction as you walk back right foot, right shoulder down, left foot, left shoulder down.

HEEL TOUCHES, PRISSY WALK TURNING 1/4 LEFT

- 1-2 Touch right heel forward, step right next to left
- 3-4 Touch left heel forward, step left next to right
- 5-6 Step right forward swaying right heel and body to the right, turn 1/8 left, Step left forward swaying left heel and body to the left
- 7-8 Step right forward swaying right heel and body to the right, turn 1/8 left, Step left forward swaying left heel and body to the left

DANCE ON!
