

Candida EZ

拍数: 32 墙数: 1 级数: Beginner
编舞者: Montse Bou (ES) - September 2020
音乐: Candida - Tony Orlando & Dawn : (1970)



R CHASSE, BACK ROCK L ; SIDE TOE STRUT L, CROSS TOE STRUT R

1&2 Step R to R, Step/close L next to R, Step R to R
3-4 Step L back, Recover forward onto R
5-6 Touch L toe to L, Step L heel down with weight onto L
7-8 Touch R toe across L, Step R heel down with weight onto R

L CHASSE, BACK ROCK R ; SIDE TOE STRUT R, CROSS TOE STRUT L

9&10 Step L to L, Step/close R next to L, Step L to L
11-12 Step R back, Recover forward onto L
13-14 Touch R toe to R, Step R heel down with weight onto R
15-16 Touch L toe across R, Step L heel down with weight onto L

½ R MONTEREY TURN, JAZZ BOX ¼ TURN R

17-18 Touch R toe to R, Bring R beside L as you twist your L heel to the R making ½ R Turn (06:00)
19-20 Touch L toe to L, Step/close L beside R
21-22 Cross R over L, step back on L
23-24 Step/Turn R ¼ right side, step L next to R (09:00)

JAZZ BOX ¼ TURN R, SWAY R-L

25-26 Cross R over L, step back on L
27-28 Step/Turn R ¼ right side, step L next to R (12:00)
• Restart from here on wall 8- only 28C (without Sway)
29-30 Sway to the R (Step R to the R, Step L beside R)
31-32 Sway to the L (Step L to the L, Step R beside L)

Dance again!
