

Como Tu

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Improver
编舞者: Elis Sumarah (INA) & Yusni Zacharias (INA) - September 2020
音乐: Como Tu - Rolf Sanchez : (Official music video)



Intro : 16 count

#section I. CROSS SIDE - SAILOR STEP - CROSS SIDE - BEHIND - 1/4 TURN R - STEP R FORWARD

1 - 2 cross L over R , step R to R side
3 & 4 step L behind R, step R to R side,step L in place (11:30)
5 - 6 Cross R over L ,squaring 1/8 R step L to L side (12:00)
7 & 8 1/4 turn R step R back, atap L to side,step R forward

#section II. HIPS BUMP - SWEEP R L - COASTER STEP - PIVOT 1/4 L CROSS

1 & 2 touch L forward and hips bump up, down ,up
3 step L back and sweep R front to back
4 step R back and sweep L front to back
5 & 6 step L back,step R beside L,step L forward
7 & 8 step R forward,1/4 turn L step L in place,cross R over L

** Restart here ,on wall 5

#section III.CROSS SAMBA - 1/2 TURN R CROSS SAMBA - MAMBO STEP

1 & 2 cross L over R,step R to R side,cross L over R
3 & 4 1/2 turn R cross L over R step L to L side,cross L over R (6:00)
5 & 6 step L forward, recover on R,step L beside R
7 & 8 step R back, recover on L step R beside L

#section IV.1/4 TURN L DIAMOND STEP - PIVOT 1/2 R - STEP TOGETHER - BODY ROLLS/HIPS ROLLS

1&2& cross R over L,1/8 turn L step R back,step L back,hitch R (7:30)
3 & 4 step R back , 1/8 turn L step L to L side,step R forward (3:00)
5 & 6 step L forward,1/2 turn R step R in place,step L beside R
7 & 8 hips rolls / body rolls

*Restart on wall 5 after 16 count

Enjoy your dance☐☐☐

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