

# A Spray of Plum Blossoms 2.0 (一剪梅)

拍数: 64      墙数: 1      级数: Intermediate  
编舞者: Betty Dance (HK) - September 2020  
音乐: Yi Jian Mei (一剪梅) (DJ版) - Wang Xin Ya (王心雅)



Intro : 32 counts

## R & L FORWARD CROSS ROCK, SIDE SHUFFLE

1-2-3&4      Rock R forward cross, recover to L, chasse side R, L, R  
5-6-7&8      Rock L forward cross, recover to R, chasse side L, R, L

## R & L BACK CROSS ROCK, SIDE SHUFFLE

1-2-3&4      Rock R back cross, recover to L, chasse side R, L, R  
5-6-7&8      Rock L back cross, recover to R, chasse side L, R, L

## STEP FORWARD R, POINT SIDE L, STEP FORWARD L, POINT SIDE R, STEP TOGETHER R, TWIST L, TWIST R, TWIST L

1-2-3-4      R step forward, L point side, L step forward, R point side  
5-6-7-8      R step next to L, swivel both heels to left, swivel both heels to right, swivel both heels to centre

## STEP BACK R, POINT SIDE L, STEP BACK L, POINT SIDE R, STEP TOGETHER R, TWIST L, TWIST R, TWIST L

1-2-3-4      R step back, L point side, L step back, R point side  
5-6-7-8      R step next to L, swivel both heels to left, swivel both heels to right, swivel both heels to centre

## SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1-2-3-4      Step R to R side, Step L next to R, Step R to R side, touch L next to R  
5-6-7-8      Step L to L side, Step R next to L, Step L to L side, touch R next to L

## (R HEEL FORWARD, R STEP BACK, L HEEL FORWARD, L HEEL BACK) x 2

1-2-3-4      R heel forward, R step back, L heel forward, L step back next to R  
5-6-7-8      R heel forward, R step back, L heel forward, L step back next to R

## R TOE, HEEL, CROSS SHUFFLE, L TOE, HEEL, CROSS SHUFFLE

1-2-3&4      R toe next to L, R heel to side, R cross chasse to L  
5-6-7&8      L toe next to R, L heel to side, L cross chasse to R

## (¼ PADDLE TURN TO LEFT ) x4

1-2      R point forward, weight on L using ball change with ¼ turn to L  
3-4-5-6-7-8      Repeat 1-2 three times and back to 12:00

Start all over again!

Be happy & Enjoy Dancing with Betty Dance!