

Phone Zombies

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Jeanie Kotlik (USA) - September 2020
音乐: Phone Zombies - Roomful of Blues : (amazon & iTunes)



#16 count music Intro after phone rings - No tags or restarts

Section 1 [1-8] R FWD SHUFFLE, STEP PIVOT ON L 1/2 TURN R, L FWD SHUFFLE, RIGHT ROCK RECOVER

1&2 Step R fwd, Step L next to R, Step R fwd
3-4 Step fwd on L , Pivot on L 1/2 turn right, Step on R
5&6 Step L fwd, Step R next to L,, Step L fwd
7-8 Rock fwd on R, Recover on L

Section 2 [9-16] STEP BACK ON R, HEEL SWITCHES L,R, 1/4 TURN RIGHT , HEEL SWITCHES L,R,- 1/4 TURN RIGHT, FWD SHUFFLE R,L,R, 1/4 TURN RIGHT, SIDE SHUFFLE L,R,L

&1&2 Step back on R, Touch L heel in front, Step L beside R, Touch R heel in front, Turn 1/4 right to face 9:00 wall
&3&4 Step back on R, Touch L heel in front, Step L beside R, Touch R heel in front, Turn 1/4 right to face 12:00 wall
5&6 Step R fwd, Step L next to R, Step R fwd, Turn 1/4 right to face 3:00 wall
7&8 Step L to side, Step R next to L, Step L to side

Section 3 [17-24] WALK BACK R, L, RIGHT COASTER, FWD TOE HEEL TOUCHES L,R

1-2 Walk back R, L,
3&4 Step back on R , Step L next to R, Step fwd on R
5-6 Touch L toes fwd (11:00) Raise arms to left side, drop L heel
(clap hands on heel drop and lower arms back down)
7-8 Touch R toes fwd, (1:00) Raise arms to right side, drop R heel
(clap hands on heel drop and lower arms back down)

Section 4 [25-32] STEP ON L, PIVOT 1/2 TURN R, STEP ON R, L KICKBALL CHANGE, 1/4 L TURNING PARTIAL JAZZ BOX, SHUFFLE IN PLACE WITH HIP BUMPS L,R,L

1-2 Step fwd on L, Pivot 1/2 turn to the right, Step on R
3&4 Kick L ft fwd, Touch with ball of L ft, as you are shifting weight, Step on R
5-6 Cross & step L in front of R, Step back on R, Turn 1/4 left to 6:00 wall
7&8 Shuffle in place L,R,L with hip bumps