

194 Länder

拍数: 48 墙数: 4 级数: Phrased Improver
编舞者: Mary Bee Friedrich (DE) - 24 September 2020
音乐: 194 Länder - Mark Forster



Motion: Novelty

Tag : 1 - No Restart

Tag @ end Wall 2/6/10

Intro: 8 Count (sing LaLaLaLaLa LaLaLa)

Sequence: A/B/Tag/A/A/B/Tag/A/A/B/B/Tag/A/A/

After 8 Count Intro > Singing "Hey" > dance ... Samba Crosses 16 x / start with RF cross over LF....

Part A - 32 Count

Section 1: Walk R/L, Mambo Step R/L, ¼ Pivot L

1 - 2 RF step fwd., LF step fwd.
3 & 4 RF step to right side, LF recover on weight, RF close to LF
5 & 6 LF step to left side, RF recover on weight, LF close to RF
7 - 8 RF step fwd., LF step ¼ turn over left

Section 2: Cross Shuffle, Side Rock L, Coaster Step, ½ Pivot L

1 & 2 RF cross over LF, LF step to left, RF cross over LF
3 - 4 LF rock to left side, RF recover on weight
5 & 6 LF step behind RF, RF close to LF, LF step fwd.
7 - 8 RF step fwd., LF step ½ turn over left

Section 3: Shuffle R, Full Turn Step, Shuffle L, ¼ Pivot L

1 & 2 RF step fwd., LF close to RF, RF step fwd.
3 & 4 LF step ½ Turn R, LR step ½ Turn R, RF step fwd.
5 & 6 LF step fwd., RF close to LF, LF step fwd.
7 - 8 RF step fwd., LF step ¼ Turn L

Section 4: Cross Shuffle, ½ Pivot R, Jazz Box, Touch

1 & 2 RF cross over LF, LF step to L, RF cross over LF
3 - 4 LF ¼ turn back R, RF ¼ turn R
5 - 6 LF cross over RF, RF step back
7 - 8 LF step to right side, RF touch to LF

Part B 16 Count

Section 1: Rock'n Chair, ½ Pivot L, Shuffle fwd.

1 - 2 RF rock fwd., LF recover on weight
3 - 4 RF rock back, LF recover on weight
5 - 6 RF step fwd., LF step ½ turn L
7 & 8 RF step fwd., LF close to right, RF step fwd.

Section 2: ½ Pivot R, Shuffle fwd., Rock'n Chair

1 - 2 LF step fwd., RF step ½ turn R
3 & 4 LF step fwd., RF close to L, LF step fwd.
5 - 6 RF rock fwd., LF recover on weight
7 - 8 RF rock back, LF recover on weight

Tag : Side Touch R/L

1 - 2 RF step to right, LF touch to right
3 - 4 LF step to left, RF touch to left

It's for you Paul - Happy birthday

Enjoy it :-)

Any questions?....please...contact:

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RF = right Foot / LF = left Foot / fwd. = forward / bwd. = backwards

Last Update: 25 Oct 2023
