

Hey Now

拍数: 64 墙数: 2 级数: High Improver
编舞者: Runa (DK) - September 2020
音乐: Hey Now (Think I Got A Feeling) - Erasure : (Album: The Neon - iTunes)



intro: 32 c

S1. Walk, Walk, Fwd Rock, Shuffle Back, Back-Rock

1-2 Step R fwd, step L fwd
3-4 Step Fwd on R, recover on L
5&6 Step R back, step L beside R, step R back
7-8 Step back on L, recover on R

S2. Walk, Walk, Fwd Shuffle, ¼ Paddle-Turn L x 2

1-2 Step L Fwd, step R fwd
3&4 Step L Fwd, step R beside L, step L Fwd
5-6 Step R Fwd, ¼ turn L recover on L
7-8 Step R Fwd, ¼ turn L recover on L

Restart: Restart Here on Wall 3 (Facing 6:00)

S3. Cross, Side, Behind, Sweep, Behind, Side, Cross-shuffle

1-2 Cross R over L, step L to L side
3-4 Step R behind L, sweep L around anti-clockwise
5-6 Step L behind R, step R to R side
7&8 Cross L over R, step R to R side, cross L over R

S4. Side, Touch, ¼ Turn R, Touch, ¼ Turn R, Touch, Fwd Shuffle

1-2 Step R to R side, touch L beside R
3-4 Step back on L making ¼ turn R, touch R to L
5-6 Step R to R side making ¼ turn R, touch L to R
7&8 Step fwd on L, step R beside L, step fwd on L

S5. Rocking-chair, Jazzbox ¼ Turn R with cross

1-2 Step fwd on R, recover on L
3-4 Step back on R, recover on L
5-6 Cross R over L, step back on L making ¼ turn R
7-8 Step R to R side, cross L over R

S6. Side, Together, Fwd Shuffle, Side, Together, Shuffle Back ½ Turn L

1-2 Step R to R side, step L beside R
3&4 Step R fwd, step L beside R, step R fwd
5-6 Step L to L side, step R beside L
7&8 Step L back making ¼ turn L, step R beside L, step L to L side making ¼ turn L

S7. Out, Out, In, In, Back-Rock, Point, Flick

1-2 Step R diag fwd, step L diag fwd
3-4 Step R back in centre, step L back in centre
5-6 Step back on R, recover on L
7-8 Point R to R side, flick R heel behind L leg

S8. Side, Together, Chassé, Cross-Rock, Chassé ¼ Turn L

1-2 Step R to R side, step L beside R
3&4 Step R to R side, step L beside R, step R to R side

5-6
7&8

Cross-Rock L over R, recover on R
Step L to L side, step R beside L, step L to L side making $\frac{1}{4}$ turn L
