

# If We Hold on Together

COPPER KNOB  
BY SHEETS

拍数: 40      墙数: 2      级数: Intermediate  
编舞者: Rossana HB (INA) - July 2020  
音乐: If We Hold On Together - Diana Ross



Count in : after 16 counts intro

## Section 1 (1 - 8) : Basic Night Club, Pivot Turn 3/8, Coaster Step, Walk L/R,

1 2&3      Step RF to R (1), Cross LF slightly behind RF (2), Cross RF over LF (&), Step LF to L (3),  
4&5      Cross RF slightly behind LF (4), Cross LF over RF (&), Make 1/2 turn L stepping RF back  
7.30 (5),  
6&7      Step LF back (6), Close RF to LF (&), Step LF forward (7),  
8&      Step RF forward (8), Step LF forward (&),

## Section 2 (9 -16) : Spiral Turn, Run L/R/L, Back Shuffle, Sailor Turn 1/4, Pivot 1/2

1 2&3      Step RF forward & make full spiral to Left (1) Run LF frwd (2), Run RF frwd (&), Run LF  
forward (3),  
4&5      Step RF back (4), Close LF to RF (&), Step RF back (5),  
6&7      Make 1/4 turn to L slightly cross LF behind RF 4.30 (6), Close RF to LF (&), Step LF forward  
(7)  
8&      Step RF forward (8), Turn 1/2 L weight onto LF 10.30 (&)

## Section 3 (17 - 24) : Step Forward, Pivot Turn, Step Forward, Pivot Turn, Step Forward, Back, Pivot Turn, Step Forward, Diamond 1/4

1 2&3      Step RF forward with body angle diagonal R preparing for turn 10.30 (1), Make 1/2 turn R  
stepping LF back 4.30 (2), Make 1/2 turn R stepping RF forward 10.30 (&), Step LF forward  
(3),  
4&5      Make 1/2 turn L stepping RF back 4.30 (4), Make 1/2 turn L stepping LF forward 10.30 (&), Step  
RF forward (5)  
6&7      Step LF back (6), Make 1/2 turn R stepping RF forward  
4.30 (&), Step LF forward (7)  
8&      Cross RF over LF 4.30 (8), Make 1/8 turn R stepping LF back 6.00 (&),

### Optional on Section 3 : Back Shuffle

4&5      Step RF back (4), Close LF to RF (&), Step RF back (5),

## Section 4 (25 - 32) : Diamond 5/8, Pivot Turn, Step Forward

1 2&3      Make 1/8 turn R stepping RF to R side 7.30 (1), Step LF back (2), Make 1/8 turn R stepping  
RF to R side 9.00 (&), Make 1/8 turn L stepping LF forward 10.30 (3),  
4&5      Step RF forward (4), Make 1/8 turn R stepping LF back 12.00 (&), Make 1/8 turn R stepping  
RF to R side 1.30 (5),  
6&7 8&      Make 1/8 turn R stepping LF back 3.00 (6), Step RF back 3.00 (&), Step LF forward with  
body angle diagonal L preparing for turn (7), Make 1/2 turn L stepping RF back 9.00 (8), Make  
1/2 turn L stepping LF forward 3.00 (&),

## Section 5 (33 - 40) : Forward Rock, Back, Back with Sweep, Weave with Sweep, Cross, Full Chaine Turn, Step Forward R/L

1 2&3      Rock RF forward (1), Recover on LF (2), Step RF back (&), Step LF back sweeping RF front  
to back (3)  
4&5      Cross RF behind LF (4), Step LF to L (&), Cross RF over LF sweeping LF back to front (5)  
6&7 8&      Cross LF over RF (6), Make 1/4 turn R stepping RF forward 6.00 (&), Make full turn R closing  
LF beside RF 6.00 (7), Step RF forward 6.00 (8), Step LF forward (&)

RESTARTS :

\*On Wall 2 (when facing 1.30) after 8& counts, Restart facing 12.00

\*On Wall 5 (when facing 7.30) after 8& counts, Restart facing 06.00

\*On Wall 7 (when facing 3.00) after 34 counts, Restart facing 06.00

Enjoy the Dance....!!!

Contact : [aderossana@gmail.com](mailto:aderossana@gmail.com)

Last Update - 15 Oct. 2020

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