

# Shelter

拍数: 64      墙数: 2      级数: High Intermediate  
编舞者: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - August 2020  
音乐: Shelter - FINNEAS : (Amazon & iTunes - 3:07)



Intro: 16 counts

## S1: WALK, SIDE ROCK, CROSSING SAMBA, WALK, WALK, FORWARD COASTER/SWEEP

1-2-3      Walk forward on left slightly crossing over right, Rock right to right side, Recover on left  
4&5      Cross right over left, Rock left to left side, Recover on right turning  $\frac{1}{8}$  right [1:30]  
6-7      Walk forward on left, Walk forward on right  
8&1      Step forward on left bending knees, Step right next to left bending knees, Step back on left  
ronde sweeping right from front to back [1:30]

## S2: BACK/SWEEP, BACK/SWEEP, SAILOR STEP, HOLD, BALL, SIDE, TOUCH

2      Step back on right ronde sweeping left from front to back  
3      Step back on left ronde sweeping right from front to back and straightening to [3:00]  
4&5-6      Step right behind left, Step left to left side, Step right to right side, HOLD  
&7-8      Step on ball of left next to right, Step right to right side, Touch left next to right

## S3: & CROSS/DIP, SIDE, CROSS/DIP, BACK SIDE CROSS/DIP, SIDE, CROSS/DIP, SIDE

&1-2-3      Step left next to right, Cross right over left bending knees, Step left to left side, Cross right  
over left bending knees  
4&5      Step back on left, Step right to right side, Cross left over right bending knees  
6-7-8      Step right to right side, Cross left over right bending knees, Step right to right side

## S4: $\frac{1}{4}$ , $\frac{1}{4}$ , $\frac{1}{4}$ /DRAG, TOGETHER & SIDE, BEHIND/DIP, SIDE, CROSS

1-2       $\frac{1}{4}$  hinge turn left stepping left to left side,  $\frac{1}{4}$  hinge turn left stepping right to right side [9:00]  
3       $\frac{1}{4}$  hinge turn left taking long step to left side and dragging right to meet left [6:00]  
4&5      Step right next to left, Step left in place, Step right to right side  
6-7-8      Cross left behind right dipping slightly, Step right to right side, Cross left slightly over right  
angling body to [7:30]

## S5: BUMP BUMP PRESS, RECOVER, R COASTER, ROCK, RECOVER, $\frac{1}{2}$ SHUFFLE

1&2-3      Step on ball of right to [7:30] bumping hips forward, Bump hips back, Press/rock forward on  
right, Recover on left  
4&5      Step back on right, Step left next to right, Step forward on right [6:00]  
6-7      Rock forward on left, Recover on right  
8&1       $\frac{1}{2}$  left stepping forward on left, Step right next to left, \*\* Step forward on left [12:00]  
\*\*Restart Wall 5

## S6: WALK, WALK, ANCHOR STEP, $\frac{1}{2}$ , STEP LOCK STEP

2-3      Walk forward on right, Walk forward on left  
4&5      Lock right behind left, Step weight onto left, Step slightly back on right  
6       $\frac{1}{2}$  left stepping forward on left [6:00]  
7&8      Step forward on right, Lock left behind right, Step forward on right \*Restart Wall 2

## S7: BUMP BUMP PRESS, RECOVER, TOGETHER, OUT OUT IN IN, OUT OUT IN IN

1&2-3      Step on ball of left to [4:30] bumping hips forward, Bump hips back, Press/rock forward on  
left, Recover on right  
4&5&6      Step left next to right, Step right to right side, Step left to left side, Step right back to centre,  
Step left next to right  
&7&8      Step right to right side, Step left to left side, Step right back to centre, Step left next to right

Choreographers' note: Rise up on the balls of the feet on the OUT OUT steps, and step down on the IN IN

## steps

### **S8: ROCK, RECOVER, ½, ½, BACK/SIT, STEP, WALK, RONDE HITCH**

- 1-2 Rock forward on right, Recover on left
- 3-4 ½ right stepping forward on right, ½ right stepping back on left [6:00]
- 5-6 Sit back on right bending knees, Step forward on left
- 7-8 Walk forward on right slightly crossing over left, Rise up on ball of right ronde hitching left knee across right

**\*RESTART: After 48 counts of Wall 2 facing [12:00]**

**TAG: At the end of Wall 4, repeat the last 16 counts of the dance (Sections 7 & 8) facing [12:00]**

**\*\*RESTART: Dance 40& counts of Wall 5, then restart the dance facing [12:00]**

**ENDING: Dance 48 counts of Wall 6, then cross left over right and swivel ½ right to finish facing [12:00]**

Thank you to Becky Kelly from Tucson, Arizona for suggesting the music

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