Dancing With Your Ghost



拍数: 32 墙数: 4 级数: Advanced NC2S 编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - September 2020

音乐: Dancing With Your Ghost - Sasha Sloan: (iTunes)



(Late release Due to Covid 19)

Start..16 Counts - Sequence 32, 16 with Step Change, 32, 8 with Step Change, 32, 32, 8 with Step Change, 32, 32.

Step, 1/2 Lock Turn, 1/4 Point, 1/4 Sweep, 1/4 Rock & Cross, Scissor Cross.			
1	Step forward on Left (toe slightly turned towards 10.30)		
2&3	Make 1/4 turn Left stepping Right to Right side, cross step Left across Right, make 1/4 Left stepping back on Right (try to make arc as doing this) (6.00)		
&4-5	Make 1/4 turn Left stepping Left to Left side, point Right toe to Right side. (3.00) Make 1/4 turn to Right stepping forward on Right sweeping Left. (6.00)		
6&7	Make 1/4 turn to Right rocking Left to Left side, recover on Right, cross step Left over Right.(9.00) **R**		
8&1	Step Right to Right side, step Left next to Right, cross step Right over Left.		

1/4 1/2 1/2 1/	2 1/2 Sugan Sailar Stan Bahind 1/4 Sida		
1/4, 1/2, 1/2, 1/2 ,1/2 Sweep, Sailor Step, Behind, 1/4, Side.			
2-3&	Make 1/4 turn to Right stepping back on Left. Make 1/2 Right stepping forward on Right, make 1/2 turn Right stepping back on Left		
4-5	Make 1/2 turn to Right stepping forward on Right . Make 1/2 turn to Right stepping back on Left sweeping Right out to side. (12.00)		
6&7	Cross step Right behind Left, step Left to Left side, step Right to Right side.		
8&1	Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step Left to Left side dragging Right (3.00) (*R*)		

1/8, Back, 1/8, Step, 1/2 Run Run, Cross Side, Behind.

2&3	Make 1/8 turn to Right stepping back on Right, step back on Left, make 1/8 turn to Right stepping Right to Right side. (6.00)
4-5	Step forward on Left, make 1/2 turn to Left stepping back on Right. (12.00)
6&7	Make a 3/4 arc Left stepping L-R-L (3.00)
8&1	Cross step Right over Left, step Left to Left side, cross step Right behind Left sweeping Left from front to back.

Back Rock 1/2, Sallor 1/2, 1/2, 1/2, Coaster Step.		
2&3	Rock back on Left, recover forward on Right, make 1/2 turn to Right stepping back on Left .(9.00)	
4&5	1/4 turn Right cross stepping Right behind Left, 1/4 turn Right stepping Left next to Right, press forward on Right.	
6-7	Make 1/2 turn to Left stepping forward on Left, make 1/2 turn to Left stepping back on Right. (3.00)	
8&	(1) Step back on Left, step Right next to Left, Step forward on Left. (1)	

Restart Wall 2

Dance Up To & Including Count 8& Section 2 Then Step Forward on Left to Begin Again.

Restart Wall 4 & 7

Dance Up To & Including Count 7 Section 1 Then add a Reverse 3/4 Spiral to Begin Again.

Step back on Right as you 3/4 reverse spiral Lift Left knee turning Left to Begin Again.

The Reverse Spiral will bring you to start that wall again :)

Last Update - 24 Sept 2020

