

Blinding Lights

COPPER **KNOB**
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner / Beginner
编舞者: Cheryl Levin (USA) - September 2020
音乐: Blinding Lights - The Weeknd



Dance starts at vocals

SHUFFLE FORWARD, HOLD, SHUFFLE FORWARD, HOLD

1, 2, 3, 4 Shuffle forward R, L, R, hold
5, 6, 7, 8 Shuffle forward L, R, L, hold

SHUFFLE BACKWARD, HOLD, SHUFFLE BACKWARD, HOLD

1, 2, 3, 4 Shuffle backward, R, L, R, hold
5, 6, 7, 8 Shuffle backward, L, R, L, hold

JAZZ BOX with $\frac{1}{4}$ turn to the R (for Absolute Beginners)

JAZZ BOX with $\frac{1}{4}$ turn to R with TOE HEELS for Beginners

1-2, 3-4 R toe heel while crossing over L, L toe heel stepping backward
5-6, 7-8 R toe heel out to R side while turning $\frac{1}{4}$, L toe heel stepping forward

SCISSOR STEP, HOLD, SCISSOR STEP, HOLD

1, 2, 3, 4, R scissor step, (R rock to side, L recover, R crossover L), hold
5, 6, 7, 8 L scissor step, (L rock to side, R recover, L cross over R), hold

Repeats on all 4 walls.

Any questions? Email: cplevin@gmail.com

Let's keep on dancing during these difficult times!