

Don't Have To Be Lonely

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Hiroko Carlsson (AUS) - September 2020
音乐: Lonely - Diplo & Jonas Brothers : (iTunes)



(16 count intro/Starts on lyrics)

[S1] Step-Pivot 1/4R, Fwd Mambo, Behind Rock, Side Rock-Behind-1/4R

1 2 Step forward on L, Make a 1/4 turn right recover weight on R (3:00)
3&4 Rock forward on L, Recover weight on R, Step L next to R
5 6 Rock R behind L, Recover weight on L
7&8& Rock R to the side, Recover weight on L, Step R behind L, Make a 1/4 turn left stepping forward on L (12:00)

[S2] Side Rock, Sailor Step, Touch-Unwind 1/2L, Side Shuffle

1 2 Rock R to the side, Recover weight on L
3&4 Sweep R around L and stepping R behind L, Step L to the side, Step R to the side
5 6 Touch L toe behind R, 1/2L unwind weight ends on L (6:00)
7&8 Right side shuffle R-L-R

[S3] Cross Rock, Side w/Drag-Knee Switch, Fwd Rock, Back w/Drag-Knee Switch

1 2 Rock L across R, Recover weight on R
3 4& Step L to the side and drag R foot close to L, Step R next to L (pop your L knee), Weight switch on L (pop your R knee)
5 6 Rock forward on R, Recover weight on L
7 8& Step back on R and drag L foot close to R, Step L next to R (pop your R knee), Weight switch on R (pop your L knee)

[S4] Fwd, Step-Pivot 1/4L, Cross-Back-Monterey 1/2R w/Touch

1 2 3 Step forward on L, Step forward on R, Make a 1/4 turn left recover weight on L (3:00)
4&5 Cross R over L, Step back on L, Point R to the side
6 7 8 Make a 1/2 turn right on ball of L foot and step R close to L, Point L to the side, Touch/bring L next to R (9:00)

The last wall starts at 6:00, dance up to count 16 (12:00).

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 16/Sept/20)