

Down To One

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Alexis Strong (UK) - September 2020
音乐: Down to One - Luke Bryan



Start on lyrics - No Tags Or Restarts

[1-8] Basic NC Step Right, Weave Left, Unwind Full Turn Left, Step Right Side, Cross Left Behind, Make 1/4 Turn Right, Step Forward Right.

1-2& Step R To R (1) Rock Back On L (2) Recover Fwd On R (&
3-4& Step L To L (3) Cross R Behind L (4) Step L To L (&
5-6-7 Cross R Over L (5) Unwind Full Turn L, Step On L (6) Step R To R (7)
8& Cross L Behind R (8) Making 1/4 Turn R, Step On R (& 3:00

[9-16] 1/4 Turn Right, Step On L, Cross Behind, Step Side, Cross R Shuffle, Left Side Rock Recover, Cross Behind, 1/4 Turn, Step Forward.

1-2& 1/4 Turn R, Step L To L (1) Cross R Behind L (2) Step L To L (& 6:00
3&4 Cross R Over L (3) Step L To L (&) Cross R Over L (4)
5-6 Rock L To L (5) Recover On R (6)
7&8 Cross L Behind R (7) Making 1/4 Turn R, Step On R (&) Step Fwd On L (8) 9:00

[17-24] Right Forward Rock Recover, Ball-Step, Step Back, Hitch L Slightly Forward, Forward Left Shuffle, Pivot 1/4 Turn.

1-2 Rock R Fwd (1) Recover Back On L (2)
&3-4 Step Back On R (&) Step L To R (3) Step Back On R, Hitch L Slightly Fwd (4)
5&6 Step Fwd On L (5) Step R To L (&) Step L Fwd (6)
7-8 Step R Fwd (7) Making 1/4 Turn L, Step On L (8)

[25-32] Right Vaudeville, Ball-Cross 1/4 Turn, 1/2 Turn Shuffle, Forward Rock Recover.

1&2 Cross R Over L (1) Step L To L (&) Dig R Heel (2)
&3-4 Step R To R (&) Cross L Over R (3) Making 1/4 Turn L, Step On R (4) 3:00
5&6 Making 1/2 Turn L, Step On L (5) Step R To L (&) Step Fwd On L (6) 9:00
7-8 Rock Fwd On R (7) Recover Back On L (8)

ENJOY!!

Last Update - 17 Sept. 2020