

Pergi Pagi Pulang Pagi

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Pergi Pagi Pulang Pagi - Armada



Intro 24 counts

S1. ROCKING CHAIR, SIDE, TOGETHER, SIDE, TOUCH (X2)

1&2& Rock Rf forward, recover on Lf, rock Rf back, recover on Lf
3&4& Step Rf to R, close Lf next to Rf, step Rf to R, touch Lf beside Rf
5&6& Rock Lf forward, recover on Rf, rock Lf back, recover on Rf
7&8& Step Lf to L, close Rf next to Lf, step Lf to L, touch Rf beside Lf

S2. ROCK CROSS-SIDE-BEHIND, SIDE, ROCK CROSS, SIDE, ¼ TURN L COASTER STEP

1&2& Rock Rf over Lf, recover on Lf, rock Rf to R, recover on Lf
3&4 Rock Rf behind L, recover on Lf, step Rf to R
5&6& Rock Lf over Rf, recover on Rf, rock Lf to L, ¼ turn L recover on Rf
7&8 Step Lf back, close Rf next to Lf, step Lf forward

S3. CROSS, SIDE, HEEL, TOGETHER (X2), LOCK SHUFFLE FORWARD, PIVOT ½ TURN

1&2& Cross Rf over Lf, step Lf to L, touch R heel to diagonal forward, step Rf beside Lf
3&4& Cross Lf over Rf, step Rf to R, touch L heel to diagonal forward, step Lf beside Rf
5&6 Step Rf forward, lock Lf behind Rf, Step Rf forward
7&8 Step Lf forward, ½ turn R step on Rf, step Lf forward

S4. KICK BALL ROCK SIDE 2X, JAZZ BOX, OUT-OUT WITH HEEL, IN-IN

1&2& Kick Rf forward, step Rf beside Lf, rock Lf to L, recover on Rf
3&4& Kick Lf forward, step Lf beside Rf, rock Rf to R, recover on Lf
5&6& Cross Rf over Lf, step Lf back, step Rf to R, step Lf forward
7&8& Touch R heel out to diagonal forward, touch L heel out to diagonal forward, step Rf back to center, close Lf next to Rf

Restart on Wall 5 after 20 counts

Have Fun....
