

Lost Inside Your Love

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Judy Rodgers (USA) - September 2020
音乐: Lost Inside Your Love (feat. Johnata Austin) - Enrique Iglesias



#32 count intro - No tags or restarts

S1: Step, rock recover, side together turn 1/4 L, turn 1/4 L together, rock recover back

1 Step R fwd to right diagonal
2-3 Rock L fwd, recover R
4&5 Step L to left side, step R beside L, turn 1/4 left step L fwd 9:00
6-7 Turn 1/4 left step R to right side, step L beside R 6:00
8&1 Rock R fwd, recover L, step R back

S2: Sweep/step L & R, sailor turn 1/2 L, skate skate, rock recover turn 1/4 R

2-3 Sweep/step L back, sweep/step R back
4&5 Turn 1/2 left sweep L behind R, step R to right side, step L fwd 12:00
6-7 Skate forward R, L
8&1 Rock R fwd, recover L, turn 1/4 right step R fwd 3:00

S3: Turn 1/2 R turn 1/2 R, mambo step, back back, turn 1/4 R shuffle

2-3 Turn 1/2 right step L back, turn 1/2 right step R fwd (option walk fwd L R)
4&5 Rock L fwd, recover R, step L back
6-7 Step R back, step L back
8&1 Turn 1/4 right shuffle R L R 6:00

S4: Step/sway sway, shuffle, rock recover, turn 1/4 R together

2-3 Step/sway L fwd, sway R back
4&5 Shuffle fwd L R L
6-7 rock R fwd, recover L
8& Turn 1/4 right step R to right, step L beside R 9:00
