

# Feeling In My Bones

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Marianne Langagne (FR) - 11 September 2020  
音乐: In My Bones - Ray Dalton



**Intro: 16 Counts - No Tag - No Restart**

**Final: At counts 47 - 48 : ½ Turn R-RF FWD, Touch to end the dance at 12 p.m.**

**[1 - 8] ½ TURN R, TRIPLE BACK , ROCK BACK , TRIPLE BACK ON ½ TURN R.**

1 - 2                      RF FWD, LF Back on ½ Turn R (6a.m)  
3 & 4                      RF Back, Together, RF Back  
5 - 6                      LF Back, Recover  
7 & 8                      LF Back on ½ Turn R, Together, LF Back (12 p.m)

**[9 - 16] TOGETHER, STEP, POINT, CROSS, POINT, KICK BALL TOUCH, SWITCH, TOUCH, POINT, TOGETHER**

&1-2                      Together, LF FWD, R Point to the R  
3 - 4                      Cross RF Over LF, L Point to the L  
5 & 6                      Kick L FWD, Together, Touch R next to LF  
&7&8                      R Ball next to LF, Touch L next to RF, L Ball next to RF, R point to the R  
&                              Together (weight on RF)

**[17 - 24] CROSS, ½ TURN L., SIDE SHUFFLE L., CROSS ROCK, SHUFFLE ON ¼ TURN R.**

1 - 2                      Cross LF over RF, RF back on ¼ turn L (9a.m)  
3 & 4                      LF to the L on ¼ Turn L (6a.m), Together, LF to the L  
5 - 6                      Cross RF over LF, Recover  
7 & 8                      ¼ Turn R-RF FWD, Together, RF FWD (9a.m)

**[25 - 32] WALK L - R, L. ANCHOR STEP, BACK R - L, TOGETHER, LARGE STEP FWD , SWEEP**

1 - 2                      LF FWD, RF FWD  
3 & 4                      LF Behind RF, weight on RF, Weight on LF  
5 - 6                      RF Back, LF Back  
&7-8                      Together, Large Step LF FWD, Sweep RF BWD to FWD

**[33 - 40] HEEL TAP, HEEL FAN, HITCH , SAILOR STEP, BEHIND SIDE STEP, STEP ½ TURN L.**

1 & 2                      Tape R Heel on floor, R Heel Outside, Return  
&3&4                      Hitch R, Cross RF behind LF, LF to the L, RF to the R  
5 & 6                      Cross LF Behind RF, RF to the R, LF FWD  
7 - 8                      RF FWD, ½ Turn L (weight on LF) (3a.m)

**[41 - 48] LARGE STEP FWD, SWEEP R - L, ROCKING CHAIR**

1 - 2                      Large Step RF FWD, Sweep LF BWD to FWD  
3 - 4                      Large Step LF FWD, Sweep RF BWD to FWD  
5 - 6                      RF FWD, Recover  
7 - 8                      RF BWD, Recover

**ENJOY !!!**

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