Cocaine Love (Candu Asmara)

级数: Improver

编舞者: Adelaine Ade (INA) - September 2020

音乐: Candu Asmara - Maizura & JFlow

Intro : 16 Count

Restart : @ Wall 2, 4, 6, 8 after 16 Count

拍数: 32

I. SAMBA WHISK R L, ROCKING CHAIR, FORWARD SHUFFLE

- 1 a 2 Step Rf to R side, Rock back on Lf, Recover onto Rf
- 3 a 4 Step Lf to L side , Rock back on Rf, Recover onto Lf
- 5 & 6 & Rock forward Rf, Recover onto Lf, Rock back on Rf, Recover onto Lf
- 7 & 8 Step forward Rf, Step together Lf to Rf, Step forward Rf

II. STEP FORWARD, ¼ TURN R, CROSS, SIDE, ½ TURN L, CROSS

- 1 & 2 Step Lf forward, 1/4 Turn R by stepping Rf (03.00), Cross Lf over Rf
- 3 & 4 Step Rf to R side, making 1/2 Turn L by stepping Lf to side (09.00), Cross Rf over Lf
- 5 & 6 Step Lf to L side, Recover onto Rf, Close Lf together Rf
- 7 & 8 Step Rf to R side, Recover onto Lf, Toe Touch Rf next to Lf

III. CROSS SAMBA R L, VOLTA 3/4 TURN R

- 1 a 2 Cross Rf over Lf, Step ball Lf to L side, Recover weight onto Rf
- 3 a 4 Cross Lf over Rf, Step ball Rf to R side Recover weight onto Lf
- 5 & 1/4 Turn R crossing Rf over Lf, Step ball of Lf slightly behind Rf
- 6 & Repeat 5 &
- 7 & 8 Repeat 5 & (1/8 Turn R 2x) (06.00)

IV. BASIC SAMBA L R, ROCK, RECOVER TURN 1/4 L, PADDLE TURN TO L

- 1 a 2 Step Lf to L side, Step ball of Rf beside Lf, Step ball of Lf on place
- 3 a 4 Step Rf to R side, Step ball of Lf beside Rf, Step ball of Rf on place
- 5 & 6 Rock forward Lf, Recover onto Rf, 1/4 Turn left by stepping Lf to side (03.00)
- 7 & 8& Step RF forward (7) turn ¼ L, step L in place(&) step R forward(8) turn ¼ L, step L in place(&)

Last Update - 14 Sept. 2020





墙数:4