American Ride



拍数: 58 墙数: 4 级数: Phrased Improver

编舞者: Kira Drago (IT) - September 2020

音乐: American Ride - Toby Keith



Start Dancing After 16 Counts

*1 Tag & Restart Part B

Sequence: A - B - A - B - A - B (tag&restart after 16 counts) - B - A

PART A: 18 counts

[1-8] ROCKING CHAIR R, LOCKSTEP R, ROCKING CHAIR L, LOCK STEP L

1&2& Right Foot Forward, Left In Place, Right Foot Back, Left In Place

3&4 Step Fw On The Right, Cross Left Behind Right, Step Fw On The Right;

Left Foot Forward, Right In Place, Left Foot Back, Right In Place;
 Step Fw On The Left, Cross Right Behind Left, Step Fw On The Left;

[9-16] ½ PIVOT, SHUFFLE TURN ½, L STEP TURN ½ TO LEFT, SCUFF, STOMP, TURN ¼ TO LEFT

1-2 Right Step Fw, Turn ½ To Left;

3 - 4 Shuffle Step (R-L-R) Turning ½ To Left; 5 - 6 Left Back Step Turning ½ To Left; R Scuff;

7 - 8 Right Stomp (Ending With Rf Slightly Near To Lf); Turn 1/4 To Left Turning You Feet Together;

[17-18] Clap Clap

PART B: 40 counts

[1-8] SCISSOR STEP RIGHT, SCISSOR STEP LEFT; HIP BUMP TURN, COASTER STEP

1&2& Rock To Side Right, Recover To Left, Cross Right Over Left, Hold 3&4& Rock To Side Left, Recover To Right, Cross Left Over Right, Hold

5&6& Step Right Out To Right Side, Bump Hips Left, ¼ Turn Left With Weight To Right Foot, Hold

7&8& Step Left Foot Back, Step Right Foot Back, Step Left Foot Forward, Hold

[9-16] SIDE TOUCH HEEL TOUCH (R and L), SHUFFLE STEP R FW, FULL TURN

Touch Right To Side, Touch Right Together;
Touch Right Heel Forward, Step Right Together;
Touch Left To Side, Touch Left Together;
Touch Left Heel Forward, Step Left Forward;

5&6 Shuffle Step Fw (R -L - R);

7-8& Turn ½ Right Stepping Back L, Turn ½ Right Stepping Forward R; Recover On Left

[17-24] VAUDEVILLE R+L, CROSS STEP, LONG STEP, STOMP

1& Cross Right Over The Left, Step Left Short-Back,
2& Touch Right Heel In Place, Step Right Beside The Left
3& Cross Left Over The Right, Step Right Short-Back
4& Touch Left Heel In Place, Step Left Beside The Right

Cross Step To Left (Cross Rf In Front Lf)
 Long L Side Step To Left, Recover Rf Near Lf

8 R Stomp Up

[25-32] SHUFFLE STEP TO RIGHT, SAILOR TURN 1/4, JAZZ BOX

1&2 Shuffle Side Step To Right (R - L - R)

Turn ¼ To Left With L.F. Behind Right, Step Right To Right Side, Step Left A Small Step To

Left;

5-6 Cross R.F. Over L.F., Step L Back,

7-8 Step R To Right Side, Recover L.F. Near R.F. (Weight On Left);

[33-40] RIGHT KICK BALL STEP, STEP&CLAP X2, SHUFFLE BACK, TURN ½ TO LEFT

1&2 Kick R.F. Forward, Bring Right Next To Left, Step Left Next To Right.

3&4& Step Fw On The Right, Clap, Step Fw On The Left, Clap;

5&6 Shuffle Back (R - L - R);

7-8 Left Step Back., Turn ½ To Right Turning Your Feet (Ending With Weight On Left).

TAG (4 counts) 3th WALL after 16 counts on part B - restart part B

1-2 CLAP CLAP

3-4 PAUSE