

Boys

拍数: 64 墙数: 1 级数: Improver
编舞者: Indahwati Rahardja (INA) & Ayu Asha (INA) - September 2020
音乐: Boys - Sabrina : (Live 4K HD)



Section 1: Walk R L, hip bump R,L,R (options with the arms styling)

- 1,2 Walk fwd R,L
- 3&4. Hip bump R (option: raise both arms)
- 5&6. Hip bump L (option: lower both arms to the side)
- 7&8. Hip bump R (option: rolling hands on the R side)

Section 2 : Single hip bump L, R, double hip bump L (hands style John Travolta),back shuffle R, L

- 1,2. Single hip bump L (point R index finger up diagonal), single hip bump R (point R index finger down)
- 3&4. Double hip bump L (point R index finger up diagonal)
- 5&6. RF step back, LF next to RF, RF step back
- 7&8. LF step back, RF next to LF, LF step back

Section 3: Coaster step R, LF fwd,1/4 turn L make RF hitch, walk back R,L,R,close together

- 1&2. RF step back, LF next to RF, RF step fwd
- 3,4. LF step fwd, 1/4 turn L RF hitch (9.00)
- 5-8. Walk back R,L,R,close together

Section 4: Skate R,L,R,L (option: with the fingers movement),1/8 paddle turns L (x4)

- 1-4. Skate R,L,R,L
- 5&. RF step fwd make 1/8 turn L, recover LF (7.30)
- 6&. RF step fwd make 1/8 turn L, recover LF (6.00)
- 7&. RF step fwd make 1/8 turn L, recover LF (4.30)
- 8&. RF step fwd make 1/8 turn L, recover LF (3.00)

Section 5: Cross touch,side touch,hitch,close together

- 1,2,3,4 RF cross touch over LF, RF step side touch, RF hitch, RF close together
- 5,6,7,8 LF cross touch over RF, LF step side touch, LF hitch, LF close together

Section 6: Step back on heel R,L,R,L, Coaster step,Fwd 1/4 turn R, close together

- 1,2. RF step back and LF on heel, LF step back and RF on heel
- 3,4. RF step back and LF on heel, LF step back and RF on heel
- 5&6. RF step back, LF close together, RF step fwd
- 7,8. RF step fwd and 1/4 turn R, LF close next RF (6.00)

Section 7: L toe strut & hip bumps , R toe strut & hip bumps (with the hands rolling),L hip bumps 4x (make a big circle on the R arm)

- 1&2. L toe strut & hip bumps to the L,R,L
- 3&4. R toe strut & hip bumps to the R,L,R
- 5&6&7&8 LF touch to the side and hip bumps to the L,R,L,R,L,R,L,R

Section 8: LF Close, RF cross,1/4 turn R & LF step back ,1/4 turn R & RF step fwd, LF close , R toe strut & hip bumps, L toe strut & hip bumps (with the hands rolling)

- &1. LF close to the RF, RF cross over LF
- 2,3,4 1/4 turn R & LF step back, 1/4 turn R & RF step fwd, LF close (12.00)
- 5&6. R toe strut & hip bumps to the R,L,R
- 7&8. L toe strut & hip bumps to the L,R,L

Restart : on wall 2&4 after section 6 (with the change steps on the count (47,48) , LF fwd ¼ turn L, RF touch next to the LF (12.00),then restart from the beginning .

Enjoy the dance

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