

Solidao Rumba

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Helaine Norman (USA) - September 2020
音乐: Solidão - Pink Martini : (Album: Je Dis Oui)



Intro: 32 (vocal)

I. Forward X 3, Rock Recover

1-2 Walk R forward
3-4 Walk L forward
5-6 Walk R forward
7-8 Rock L forward, recover to R

Optional for walks forward: Steps across with holds

Optional for counts 2, 4 and 6: Brushes forward (in between walks)

II. Back X 3, Rock Recover

1-2 Walk L back
3-4 Walk R back
5-6 Walk L back
7-8 Rock R back, recover to L

III. Rumba Box

1-2 Step R side, step L together
3-4 Step R forward, touch L together
5-6 Step L side, step R together
7-8 Step L back, touch R together

IV. Step Drag Touch Hold; Step Together ¼ Turn Step, Hold

1-2 Step R side, drag L
3-4 Touch L together, hold
5-6 Step L side, step R together
7-8 Turn ¼ turn left and step L forward, hold

Optional styling for counts 3-4: Raise R arm

REPEAT

Contact: Helaine43@gmail.com