

拍数: 32 墙数: 4 级数: Beginner Party dance
编舞者: Niels Poulsen (DK) & Jessica Boström (SWE) - August 2020
音乐: La Dolce Vita - After Dark : (iTunes)



Intro: 32 counts (app. 16 secs into track). Start with weight on L foot
NOTE: NO TAGS - NO RESTARTS

[1 - 8] R chasse, L back rock, L chasse, R back rock

1&2 Step R to R side (1), step L next to R (&), step R to R side (2) 12:00
3 - 4 Rock back on L (3), recover fwd onto R (4) 12:00
5&6 Step L to L side (5), step R next to L (&), step L to L side (6) 12:00
7 - 8 Rock back on R (7), recover fwd onto L (8) 12:00

[9 - 16] Walk R, Hold & clap, walk L, Hold & clap X2, R shuffle fwd, L rock fwd

1 - 2 Step R fwd (1), Hold & clap hands once (2) 12:00
3&4 Step L fwd (3), Hold & clap hands twice (&4) 12:00
5&6 Step R fwd (5), step L behind R (&), step R fwd (6) 12:00
7 - 8 Rock L fwd (7), recover back on R (8) 12:00

[17 - 24] L back rock, step ¼ R, cross shuffle, R side rock

1 - 2 Rock back on L (1), recover fwd onto R (2) ... Fun option during chorus: when After Dark sings 'CHAMPAGNE' bring R hand up to your mouth as if drinking champagne □ 12:00
3 - 4 Step L fwd (3), turn ¼ R onto R (4) 3:00
5&6 Cross L over R (5), step R to R side (&), cross L over R (6) 3:00
7 - 8 Rock R to R side (7), recover onto L (8) 3:00

[25 - 32] R jazz box, cross, side R with 3 heel taps, flick R

1 - 4 Cross R over L (1), step back on L (2), step R to R side (3), cross L over R (4) 3:00
5 - 8 Point R to R side tapping R heel into floor (5), tap R heel into floor (6), tap R heel into floor (7), flick R behind L (8) ...

Styling for counts 5-8: with R hand open and fingers spread out slowly bring R arm up over head. Drop arm when starting your R chasse again 3:00

START AGAIN

Ending: Start wall 11, facing 9:00: do the first 4 counts then on count 5 you turn ¼ R and shuffle back on LRL. End the dance stepping R back and strike a champagne pose!... 12:00