Raised A Little Redhead

级数: Beginner

编舞者: Helaine Norman (USA) - September 2020

音乐: Redhead (feat. Reba McEntire) - Caylee Hammack

Intro: Vocal (24 in) - Restart: 1 easy

拍数: 40

STEP FORWARD, HOOK (WITH SLAPS ON OPPOSITE KNEE, THIGH OR HEEL) X2; STEP X2, HEEL SPLIT

- 1-2 Step R forward, hook L over R (with R hand slap on inside of L knee)
- 3-4 Step L forward, hook R over L (with L hand slap on inside of R knee)
- 5-6 Step R forward, step L forward
- 7-8 Twist both heels out and back together (weight to L)

Optional steps for counts 1-4: Steps forward, hitch with hand on same knee that is hitched) Optional Styling for counts 7-8: Spread elbows out to side and back together chicken style

BACK TOGETHER BACK HITCH; FORWARD LOCK STEP, HOLD

- 1-2 Step R backward, step L together
- 34 Step together, hitch L
- 5-6 Step L forward, lock R behind L
- 7-8 Step L forward, hold

Optional for count 8: Scuff R forward

1/4 TURN JAZZ BOX; STEP SIDE, TWIVEL

- 1-2 Step R over, step L back
- 3-4 Step R side making 1/4 turn right, step L across R (3:00)
- 5 Step R side (big)
- Twist L foot (to R): heel in, toe in, L heel in (weight to L) 6-7-8

Optional for count 4: Step L together

K-STEP

- 1-2 Step R forward diagonal, touch L together
- 3-4 Step L back diagonal, touch R together
- 5-6 Step R back diagonal, touch L together
- 7-8 Step L forward diagonally, touch R together
- Optional styling: Clap hands on touches

*RESTART during 6th wall at 12:00. Note: 6th wall begins at 9:00.

END at 12:00: Pose on word "redhead"

1/2 TURN, ROCK RECOVER; BACK STRUTS X2

- 1-2 Step R forward making ¹/₂ turn left (weight to L) (9:00)
- 3-4 Rock R forward, recover to L
- 5-6 Touch R toe back and drop R heel
- 7-8 Touch L toe back and drop L heel

Optional Styling for counts 5-8: Shake (shimmy) shoulders

REPEAT Helaine43@gmail.com

Note: Choreographed in honor of and out of love for the special redhead I raised.

Last Update - 7 April 2021





墙数: 4