

# Rindu Dalam Hati

拍数: 88      墙数: 2      级数: Phrased Intermediate  
编舞者: Emmy Chuacha (INA) & Meli Angkapradipta (INA) - September 2020  
音乐: Rindu Dalam Hati - Arsy Widiyanto & Brisia Jodie : (3:45)



Intro: 11 counts (approx. 9 seconds into track)

Phrased : A - Tag 8c - A - Tag 4c - B B - Tag 8c (Twice) - A - Tag 8c (Twice) - Ending A (16c)

## PART A :

### SECTION 1 : R Side, Step L, ¼ Turn R, ½ Turn R, R Cross Rock, R Side, L Cross, Step Back diag (10:30)

- 1, 2&3      Step R to R side (1), Step L next to R (2), ¼ Turn R, Step R fwd (&), ½ Turn R - Step back on L, Sweep R from front to back (3), (09.00)
- 4&5      Step R behind L (4), Step L to L side (&), Cross rock R over L (5)
- 6&7      Recover on L (6), Step R to R side (&), 1/8 Turn R - Rock fwd on L (7) (10.30)
- 8&      Recover on R (8), Step back on L (&), (10.30)

### SECTION 2: ¼ Turn R , ¾ Turn L, Step Back, Step Back L-R-L, ¼ Turn R, R rock, L Side, R Cross, L Side, R Behind, ¼ Turn L, Step L fwd

- 1, 2&3      ¼ Turn R - Step R to R side (1), (1.30), ¼ Turn L, Step fwd on L (2), ½ Turn L, Step back on R (&), Step back on L (3), (4.30)
- 4&5, 6      Step back on R (4), Step back on L (&), 1/4 turn R - Rock R to R side (5), Rock L to L side (6), (7.30)
- 7&8&      1/8 turn R - Cross R over L (7), Step L to L side (&), Step R behind L (8), (9:00), 1/4 Turn L - Step fwd on L (&), (6.00)

### SECTION 3: ¼ Turn L, R Side, L Cross bBehind, 5/8 Side, Step R,L,R, ½ Pivot, ½ Back, Back (4x)

- 1, 2&3      ¼ Turn L - Step R to R side (1) (3:00), Cross L behind R (2), Step L slightly to L side (&) - 5/8 Spiral turn to R side (3), weight on L (10.30)
- 4&5&      Step fwd on R (4), Step fwd on L (&), R (5), ½ Turn L - Recover on L (&), (4.30)
- 6&7      ½ Turn L - Step back on R (6), Step back on L (&), Step back on R (7), (10.30)
- 8&      Step back on L (8), Step back on R (&), (10.30)

### SECTION 4: ¼ Sway, Sway, ¼ Sweep, Cross, Back L-R-L , ½ Turn, Step fwd R-L , R Rock Side

- 1, 2,      3 ¼ turn L - Rock L to L side (7.30) - angling body facing 4.30 (1), rock R to R side - angling body to 10.30 (2), 1/8 Turn L - Recover on L (3)
- 4&5      Cross R over L with sweep (4), Step back on L (&), Step back on R (5), (6.00)
- 6&7      Step back on L (6), ½ Turn R - Step fwd on R (&), Step fwd on L (7), (12.00)
- 8&      Rock R to R side (8), Recover on L (&)

### SECTION 5: R Rock, ½, L Rock, ½ , ¼ Sweep, Behind, Side, Cross, Side Rock

- 1, 2&3      Rock fwd on R (1), recover on L (2), ½ Turn R - Step fwd on R (&), Rock fwd on L (3), (6.00)
- 4&5      Recover on R (4), ½ Turn L - Step fwd on L (&), ¼ Turn L - Step R to R side sweep L from front to back (5), (09:00)
- 6&7      Step L behind R (6), Step R to R side (&), Cross L over R (7)
- 8&      Rock R to R side (8), Recover on L (&)

### SECTION 6: R Cross, Scissor L- R, ¾, Step Fwd R - L , R Rock

- 1, 2&3      Cross R over L (1), Step L to L side (2), step R next to L (&), Cross L over R (3)
- 4&5      Step R to R side (4), Step L next to R (&), Cross R over L (5)
- 6&7      ¼ Turn R - Step back on L (6) - ½ Turn R - Step fwd on R (&), Step fwd on L (7), (06:00)
- 8&      Rock fwd on R (8), Recover on L (&)

### SECTION 7: Back, Sweep, Step, L Fwd, Sweep, Step, ¼ , Back, Sweep, Step, L Fwd, Cross, ¼ ,Back

- 1, 2&3 Step back on R (1), Step L behind R with sweep from front to back (2), Step R on R (&), step fwd on L (3)
- 4&5 Cross R over L with sweep from back to front (4), Step L to L side (&), ¼ Turn R - Step back on R (5), (09:00)
- 6&7 Step L behind R with sweep from front to back (6), Step right on R (&), Step fwd on L (7)
- 8& Cross R over L with sweep (8), ¼ Turn R - Step back on L (&), (12:00)

**SECTION 8: R Rock, ¼ , L fwd, Jazz Box R- L, ¾ R Point, ¼ R Side, Cross**

- 1, 2 ¼ Turn R - Rock R to R side (1), ¼ Turn left - Step fwd on L (2), (12:00)
- 3&4 Cross R over L with sweep (3), Step back on L (&), Step R to R side (4)
- 5&6, 7 Cross L over R with sweep (5), Step back on R (&), ¼ Turn L - Step fwd on L (6) while sweeping R from back to front ½ circle (06:00), Continue sweeping R to L ¼ circle, R Point (7), (03:00)
- 8& ¼ Turn R - Step R to R side (8), Cross L over R (&), (06:00)

**PART B (16 Counts)**

**SECTION 1: R Rock, R Cross, L Rock, L Cross, R Fwd, ½ , L Fwd, Full Turn**

- 1&2 Rock R to R side (1), Recover on L (&), Cross R over L (2)
- 3&4 Rock L to L side (3), Recover on R (&), Cross L over R (4)
- 5&6 Step fwd on R (5), ½ Turn L - Step fwd on L (&), R (6)
- 7&8 ½ Turn R - Step back on L (7), ½ Turn R - Step fwd on R (&), Step fwd on L (8)

**SECTION 2: Rhumba Box , R Fwd, ½ , R Fwd, Full Turn,**

- 1&2 Step R to R side (1), Step L next to R (&), Step back on R (2)
- 3&4 Step L to L side (3), Step R next to L (&), Step fwd on L (4)
- 5&6 Step fwd on R (5), ½ Turn L - Step fwd on L (&), Step Fwd on R (6)
- 7&8 ½ Turn R - Step back on L (7), ½ Turn R - Step fwd on R (&), Step Fwd on L

**TAG - 8 Counts**

**R Step, L Cross Rock Behind, 1/8, L Step diag, Full Turn, R Side, L Cross Rock Behind, R Cross Rock Behind**

- 1, 2&3 Step R to R side (1), Step L behind R (2), Recover on R (&), 1/8 Turn L - Step fwd on L (3), (1:30)
- 4&5 ½ Turn L - Step back on L (4), ½ Turn L - Step forward on L (&), 1/8 Turn R - Step R to R side (5), (12:00)
- 6&7 Step L behind R (6), Recover on R (&), Step L to L side (7)
- 8& Step R behind L (8), Recover on L (&)

**ENDING - Slow down with music (6:00) , Dance the first 16 counts of Part A (12:00)**

Contact: [emmychuacha@yahoo.co.id](mailto:emmychuacha@yahoo.co.id) & [meliangk@gmail.com](mailto:meliangk@gmail.com)

YouTube: [Linedance Emmyami \(youtube.com/emmyami\)](https://www.youtube.com/emmyami)

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