

# Bang Sticks

拍数: 32      墙数: 4      级数: Improver  
编舞者: Salfoo (MY) & Joey Law (MY) - September 2020  
音乐: Bang Dem Sticks - Meghan Trainor



Intro: 4 counts

**[01-08] FORWARD, TOGETHER, SPLIT KNEES, COASTER STEP, BOOGIE WALK, MAMBO TOUCH**

&1&2      Step R Forward, Step L Beside R, Split Knee, Recover Knees To Center  
3&4      Step R Backward, Close L Beside R, Step R Forward  
5&6      Step L Forward, Walk R Forward, Walk L Forward (In a Circular Movement)  
7&8      Rock R Forward, Recover Onto L, Touch R Beside L

**[09-16] SHUFFLE FORWARD R, SHUFFLE FORWARD L (DIAGONALLY) ROCKING CHAIR**

1&2      Step R Forward, Close L Beside R, Step R Forward Diagonally  
3&4      Step L Forward, Close R Beside L, Step L Forward Diagonally  
5-6 7-8      Step R Forward, Recover Onto L, Step R Backward, Recover Onto L

**[17-24] PADDLES 1/2 , CROSS SAMBAS**

1-2 3-4      Step R Forward, Make a 1/4 Turn L (weight onto L), Step R Forward, Make a 1/4 Turn L  
(weight onto L) (6.00)  
5 a 6      Cross R Over L, Step L To L, Step R Diagonally Forward  
7 a 8      Cross L Over R, Step R To R, Step L Diagonally Forward

**[25-32] CROSS SHUFFLE, SIDE ROCK CLOSE, FORWARD, 1/4 L, KICK BALL CHANGE**

1&2      Cross L Over R, Step R To R, Cross L Over R  
3&4      Rock L To L Side, Recover Onto R, Close L Beside R  
5&6      Step R Forward, Make a 1/4 Turn L (weight onto L)  
7&8      Kick R Forward, Step Ball Of R Foot, Step L Beside R

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