In My Heart

拍数: 32	墙数: 2	级数: Easy Intermediate

编舞者: Ranny Kusumawardhani (INA) - September 2020

音乐: In My Heart - LIM YEON : (Album: OST Flower Of Evil)

Intro music 16 count

Section 1. LONG STEP TO RIGHT, CROSS AND SIDE, SWEEP, TURN ¼ RIGHT, STEP BACK, RECOVER, STEP FORWARD, TURN ¼ RIGHT

1 - 2&	Long step to right side (1) Cross L behind R (2) Step R to right (&)
3 - 4&	Cross L over R, sweep R back to front (3)Cross R over L (4) Turn 1/4 R, step L back (&)
5 - 6	Step R back (5) Recover L (6)
7 - 8&	Step R fwd (7) Step L fwd (8) Turn 1/4 R, R in place (&)

Section 2. CROSS, TURN ¼ LEFT, TURN ½ RIGHT, STEP FORWARD, RECOVER, SWEEP, STEP BACK, CROSS BEHIND, STEP TO LEFT

1 - 2&	Cross L over R (1) Turn 1/4 L, step R back (2) Turn 1/2 L, step L fwd (&)
3 - 4&	Step R fwd (3) Step L fwd (4) Step R fwd (&)
5 - 6	Step L lunge fwd (5) Recover on R and sweep L front to back (6)
7 - 8&	Step L back and sweep R front to back (7) Cross R behind L (8) Step L to L (&)

Section 3. CROSS, RECOVER, STEP RIGHT, CROSS, RECOVER, TURN ¼ LEFT, TURN ½ LEFT, STEP BACK AND SWEEP, CROSS BEHIND, STEP TO RIGHT, SCISSOR

1 - 2&	Cross R over L (1) Recover L (2) Step R to right (&)
3 - 4&	Cross L over R (3) Recover R (4) Turn 1/4 L, step L fwd (&)
5 - 6&	Turn 1/2 L, step R back and sweep L front to back (5) Cross L behind R (6) Step R to right (&)
7 - 8&	Cross L over R (7) Step R to right (8) Step L next to R (&)

Section 4. CROSS, TURN ¼ RIGHT, CROSS, SCISSOR, SWAY

1 - 2&	Cross R over L (1) Turn 1/4 R, step back on L (2) Turn 1/4 R and step R to right (&)
3 - 4&	Cross L over R (3) step R to right (4) Step L next to R (&)
5 - 6	Cross R over L (5) Step L to left and sway L (6)
7 - 8	Sway R (7) sway L (8)

Tag : 2 count after wall 1

1 - 2	Drag R next to L (1) Touch R next to L (2)

Restart 1. At wall 3, section 1 after count 8&, change step at count &

&	Turn 1/4 L, weight on L, drag R to left

Restart 2. At wall 6, do the dance from sec 1 to sec 3 but there is a change step at count 7 as follows :

5 - 6	Turn 1/2 L, step R back and sweep L front to back (5) Cross L behind R (6)
7 - 8	Step R to right side (7), recover on L & drag R slowly onto L (8)

And hold for 2 count
Then Restart at the same wall

Enjoy the dance and feel free to contact me at meet.ranny@gmail.com