

Into The Mystic

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Yvonne Krause (USA) - September 2020
音乐: Into the Mystic - Van Morrison



Note: I choreographed this dance because I love the music from the new Netflix Science Fiction series, "AWAY".

#16 Count Intro - No Tags, No Restarts

[1-8] SYNCOPATED JAZZ BOX INTO A CROSSING SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE CROSS

1-2& Cross right over left, step back on left, step right to side.
3&4 Cross left over right, step right to side, cross left over right.
5-6 Rock right to right side, recover onto left.
7&8 Cross right behind left, step left to left side, cross right over left.

[9-16] SIDE ROCK RECOVER, BEHIND SIDE TURN ¼ RIGHT, SWAY FORWARD & BACK, SHUFFLE FORWARD

1-2 Rock left to left side, recover onto right.
3&4 Cross left behind right, step forward on right making a ¼ turn right, step forward left.
5-6 Sway forward on right and back on left.
7&8 Shuffle forward stepping right, left, right.

[17-24] PIVOT ¼ PIVOT ¼ SHUFFLE FORWARD, PIVOT ¼

1-2 Step forward on left and pivot ¼ turn right bringing weight onto right. (6:00)
3-4 Step forward on left and pivot ¼ turn right bringing weight onto right. (9:00)
5&6 Shuffle forward stepping left, right, left.
7-8 Step forward on right and pivot ¼ turn left bringing weight onto left. (6:00)

[25-32] ROCK RECOVER, COASTER, ROCK RECOVER, COASTER

1-2 Rock forward on right, recover onto left.
3&4 Step back on right, step left next to right, step forward on right.
5-6 Rock forward on left, recover onto right.
7&8 Step back on left, step right next to left, step forward on left.

May You Always Dance Like No One Is Watching

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