

# My Humps

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: High Intermediate  
编舞者: Ipiet Udha (INA) - September 2020  
音乐: My Humps - Black Eyed Peas



## Start on Vocal

Dance Sequences : 32 – 64 – 48 – 48 – 32 – 64 – 64 – 32 – 64

### S1 ( 1 – 8 ) WALK – WALK – STEP OUT – BODY ROLL OUT IN

1-2-3-4      step R fwd , step L fwd , step R fwd , step L fwd  
5-6-7-8      step R out beside L , step L in place, Roll Body from Right top To the left down ( facing 11.00 )

### S2 ( 9 – 16 ) TURN ¼ LEFT KICK BALL – FULL TURN LEFT- HEEL TOUCH

1 & 2      Turn 1/8 left ( facing 09.00) kick L fwd , step L beside R , cross R over L  
3 – 4      Turn ¼ left step L fwd, turn ½ left step R back  
5 – 6&      Turn ½ left step L fwd, step R to side, heel touch L in place  
7& 8&      step L in place , heel touch R in place, step R in place, heel touch L in place

### S3 ( 17 – 24 ) BRUSH FWD – HITCH – KICK – HOCK

1 – 2&      turn ¼ left step L in place, brush R beside L, hitch L  
3 – 4      step R fwd, close L together  
5 & 6      Kick R fwd , step R beside L , kick L fwd  
7 & 8      Hock L back , step L beside R , cross R over L

### S4 ( 25 – 32 ) TURN ¾ UNWIND – STEP WITH HIP SWAY – TURN ½ LEFT STEP HIP SWAY- ROLL BODY UP AND DOWN

1 – 2      Turn ¾ left RF beside LF  
3 – 4      Step out R to side with hip sway to right, step L in place with hip sway to left  
5 – 6      turn ½ left step R to side with hip sway , step L to side with hip sway  
7 – 8      Roll body from the Right top To the left down ( facing 11.00 )

### S5 ( 33 – 40 ) FULL TURN RIGHT – KNEE DOWN – SLIDING TOE SIDE

1 – 2      step R fwd , turn ½ right step L back ( diagonal position )  
3 – 4      turn ½ right step R fwd , step L beside R  
5 – 6      R knee down to the floor, L knee down to the floor  
7 – 8      sliding toe R to side, Hold

### S6 ( 41 – 48 ) KNEE STAND – BODY STAND UP – TURN ½ RIGHT - WALK

1 – 2      R knee standing beside L knee stand , step up LF in place  
3 – 4      Body stand up position L over R toe touch behind and weight on fwd  
5 – 6      turn ½ right step R in place , step L together  
7 – 8      step R fwd , step L fwd ( stay diagonal position )

### S7 ( 49 – 56 ) TURN 1/8 RIGHT – TURN ½ LEFT – WALK – TURN ½ LEFT WALK

1 – 2      turn 1/8 right step R fwd ( facing 06.00 ) , turn ½ left step L fwd ( facing 12.00 )  
3 – 4      step R fwd , step L fwd  
5 – 6      step R fwd , turn ½ left step L fwd  
7 – 8      step R fwd , step L fwd

### S8 ( 57 – 64 ) SAMBA STEP 2X – BACK CHASSE 2X

1 & 2      cross R over L , step L to side , recover on R  
3 & 4      cross L over R , step R to side , recover on L

5 & 6            step R back , step L over R , step R back  
7 & 8            step L behind R , step R over L , step L back

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