

Hotmail Cha Cha

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Shanthie De Mel (AUS) - January 2016
音乐: Please Mr. Postman - The Marvelettes



Begin: 16 count Intro. Start just before vocals "Please Mr. Postman"

Note: The rhythm throughout is Quick.Quick.Quick & Quick.

Rotation right. No Tags or Restarts.

CROSS ROCK. RECOVER. SHUFFLE RIGHT. CROSS ROCK. RECOVER. SHUFFLE LEFT.

1, 2, 3&4 Rock R over L. Recover L. Shuffle right R-L-R.

5, 6, 7&8 Rock L over R. Recover R. Shuffle left L-R-L. (12:00)

FORWARD. HITCH-1/4 RIGHT TURN. SHUFFLE FORWARD. x2.

1, 2, 3&4 Step R forward. Turning 1/4 right hitch L. Shuffle forward L-R-L. (3:00)

5, 6, 7&8 Step R forward. Turning 1/4 right hitch L. Shuffle forward L-R-L. (6:00)

FORWARD. TAP. SHUFFLE BACK. BACK. KICK. TRIPLE IN PLACE.

1, 2, 3&4 Step R forward. Tap L behind R. Shuffle back L-R-L.

5, 6, 7&8 Step R back. Kick L forward. Triple in place L-R-L. (6:00)

KICK. KICK.TRIPLE IN PLACE. KICK. KICK. TURN 1/4 LEFT SIDE. HOLD.

1, 2, 3&4 Kick R forward. Kick R to right. Triple in place R-L-R.

5, 6, 7&8 Kick L forward. Kick L to left. Turning 1/4 left step L to left. Hold. (3:00)