

Superman

拍数: 32 墙数: 4 级数: Beginner / Improver
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音乐: Superman - Keith Urban



Sec 1: Right Kick ball change, kick ball change, Shuffle right rock left recover

1 & 2 Kick RT ball change (Kick rt step right left quickly)
3 & 4 Kick RT ball change
5 & 6 Shuffle right left right
7-8 Rock Left foot back recover weight onto right foot

Sec 2: L Kick-Ball-Change x2, L Shuffle, R Rock back, Recover

1&2 Kick left ball change
3&4 Kick Left ball change
5& 6 Shuffle left right left
7-8 Rock Right foot back recover weight onto left foot

Sec 3: 1/4 turn to Right Shuffle right left right, step left foot 1/2 turn pivot, shuffle Left right lft Step left foot 1/2 turn pivot

1 & 2 1/4 Turn to Right, shuffle Right left ight
3 - 4 Step left , 1/2 turn pivot
5&6 Shuffle Left right left
7 - 8 Step Right 1/2 turn pivot

Sec 4: Right Toe Strut, slightly forward, Left Toe stut, Right toe strut, Left Toe Strut

1-2 Toes of Right foot on ground drop right heel
3-4 Toes of Left foot on ground, drop heel
5-6 Toes of Right foot on ground drop heel
7-8 Toes of eft foot on ground drop heel
