

# As Long

拍数: 32      墙数: 2      级数: Novice B - Smooth (NCTS)  
编舞者: Jettie Feenstra - August 2020  
音乐: As Long as There's a Heartbeat - Tanya Tucker : (BPM 80 Pitch Down)



## \*\*\*Official WCDF competition dance description 2020\*\*\*

### Counter Clockwise

#### STEP SWEEP, CROSS, SIDE, X2, ¼ TURN L, ½ STEP TURN L, ¼ TURN L, BASIC

- 1 RF Step forward - LF Sweep forward
- 2 LF Cross over
- & RF Step R
- 3 LF Step backwards - RF Sweep backwards
- 4 RF Cross behind
- & LF Step L
- 5 RF ¼ Turn L, step forward (9.00)
- 6 LF ½ Turn L, step forward (3.00)
- 7 RF ¼ Turn L, step R (12.00)
- 8 LF Step together
- & RF Cross over

#### 1/8 TURN L, BACKWARDS, ¼ TURN L, CROSS, HALF DIAMOND, SWAY 2X

- 9 LF 1/8 Turn L, step forward (10.30)
- 10 RF Step backwards
- & LF ¼ Turn L, step together (7.30)
- 11 RF Cross over
- 12 LF ¼ Turn L, step forward (4.30)
- & RF 1/8 Turn L, step R (3.00)
- 13 LF 1/8 Turn L, step backwards (1.30)
- 14 RF Step backwards
- & LF 1/8 Turn L, step L (12.00)
- 15 RF Step R
- 16 LF Step L

#### KICK 2X, ¼ TURN R, ½ PIVOT TURN R 2X, SWEEP, SIDE, BACKWARDS, ¼ TURN L CROSS

- 17 RF Kick forward
- 18 RF Kick R
- 19 RF ¼ Turn R, step forward (3.00)
- 20 LF ½ Turn R, step backwards (9.00)
- 21 RF ½ Turn R, step forward (3.00) LF Sweep forward
- 22 LF Cross over
- & RF Step R
- 23 LF Step backwards
- 24 RF ¼ Turn L, cross behind (12.00)

#### ¼ TURN L, SWEEP, CROSS, BACKWARDS, ¼ TURN R, RUN 3X, BATTEMENT, BACKWARDS, ¼ TURN L 2X, TOUCH

- 25 LF ¼ Turn L, step forward (9.00) RF Sweep forward
- 26 RF Cross over
- & LF Step backwards
- 27 RF ¼ Turn R, step forward (12.00)
- 28 LF Step forward

& RF Step forward  
29 LF Step forward - RF Lift backwards, straight leg  
30 RF Step backwards  
31 LF ¼ Turn L, step L (9.00)  
32 RF ¼ Turn L, touch together (6.00)

**Submitted by - SY Park: [cjokasang@hanmail.net](mailto:cjokasang@hanmail.net)**

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