

Sip Away

拍数: 48 墙数: 4 级数: Improver
编舞者: Charlie Bowring (UK), Rob Fowler (ES) & I.C.E. (ES) - August 2020
音乐: Sip Away - Rascal Flatts



Intro: 32 counts (approx. 18 secs)

S1: Side R, Behind L, R Kick Ball Cross, Side Rock, Recover ¼ Turn L, ½ Turn L, Hold

1,2,3&4 Step R to R side, step L behind R, kick R forward, step R next to L, cross L over R
5,6,7,8 Rock R to R side, recover on L making ¼ turn L, make ½ turn L stepping back R, hold (3 o'clock)

S2: Back L, Drag R, Step R, Walk L, Walk R, Side L, Hip Bumps, Hold

1,2& Step back L, drag R towards L, step R next to L
3,4 Walk forward L, walk forward R
5,6,7,8 Step L to L side bumping hips L, bump hips R, bump hips L, hold (3 o'clock)

RESTART: During Wall 3, restart here facing 9 o'clock

S3: R Sailor, Cross L, Point R, R Sailor, Cross L, Hitch R Across L

1&2 Step R behind L, step L to L side, step R to R side
3,4 Cross L over R, point R to R side
5&6 Step R behind L, step L to L side, step R to R side
7,8 Cross L over R, hitch R across L (3 o'clock)

S4: Cross R, Side L, R Sailor Heel, & Cross L, Side R, Behind L, Unwind ¾ L

1,2 Cross R over L, step L to L side
3&4 Step R behind L, step L to L side, tap R heel diagonally forward R
&5,6 Step R next to L, cross L over R, step R to R side
7,8 Touch L behind R, unwind ¾ turn L (weight on L) (6 o'clock)

S5: Side R, Hold, & Side, Touch L, Full Turn L, Scuff R

1,2 Step R to R side, hold
&3,4 Step L next to R, step R to R side, touch L next to R
5,6,7,8 Make ¼ turn L stepping forward L, make ½ turn L stepping back R, make ¼ turn L stepping L to L side, scuff R - (6 o'clock)

S6: R Jazzbox ¼ Turn R, Jumps Forward, Hold, Jumps Back, Hold

1,2,3,4 Cross R over L, step back L, make ¼ turn R stepping on R, step L slightly fwd
&5,6 Step out and forward R, step out and forward L, hold (& click fingers)
&7,8 Step in and back R, step in and back L, hold (& click fingers) (9 o'clock)

Start Over

TAG: At the end of Wall 6 facing 12 o'clock, add the following 4 counts:

Monterey ½ Turn R (to start the dance again facing 6 o'clock)

1,2 Touch R to R side, make ½ turn R stepping R next to L
3,4 Touch L to L side, step L next to R

LastUpdate – 27 Aug. 2020