Tell Me What I Did

级数: High Beginner

编舞者: K. Sholes (USA) & Shirley Blankenship (USA) - August 2020

音乐: Tell Me What I Did Wrong - James Brown

Section 1: Heel-dig, Coaster, 1/4 turn Monterey Spin

123&4 Step R forward with toes turned left, Roll toes to right, Step RL back, Step R forward, 5-8 Point L to side, Step L 1/4 left, Point R to side, Step R next to L.

Section 2: Heel-dig, Coaster, 1/4 turn Monterey Spin

Step L forward with toes turned right, Roll toes to left, Step LR back, Step L forward. 123&4 5-8 Point R to side, Step R 1/4 right, Point L to side, Step L next to R.

Section 3: Step, Lock, Step X2

拍数: 48

1-4 Step R forward, Lock L behind R, Step R forward, Scuff L,

5-8 Step L forward, Lock R behind L, Step L forward, Scuff R.

Section 4: Zig-zag Step, Touch (Clap)

Step R back/right, Touch L next to R (Clap), Step L back/left, Touch R next to L (Clap), 1-4

5-8 Step R back/right, Touch L next to R (Clap), Step L back/left, Touch R next to L (Clap).

Section 5: Rock, Recover, Cha Cha Cha X2 (1/4 turn)

- 123&4 Rock R to side, Recover L, Cross R over L, Step L to side, Cross r over L,
- 567&8 Rock L to side, Recover R, Step L in place, Step R 1/4 right, Step L forward.

Section 6: Cross-strut

- 1-4 Cross R toe over L, Step on R, Step L toe to side, Step on L,
- 5-8 Cross R toe over L, Step on R, Step L toe to side, Step on L.

Begin Again! It's All About Fun!

Tag: Wall #4 (9:00) 16 Counts

1-4	Take long step R to side, Slide L toe to right for 3 counts
5-8	Take long step L to side, Slide R toe to left for 3 counts.
1 2 2&4	Rock R forward, Recover L, Step R 1/4 right, Step L forward, Step R 1/4 right,
567&8	Step L forward, Pivot 1/2 right, Step L forward, Step R next to L, Step L forward.





墙数:4