

# Be Kind & Lovin'

**COPPER KNOB**  
BY STEPSHEETS

拍数: 48      墙数: 4      级数: Beginner  
编舞者: Melissa Lau (NZ) - August 2020  
音乐: Don't Be Cruel / Let Me Be Your Teddy Bear - Dennis Marsh



Dance begins on vocals after 16 counts

## SIDE TOE STRUT, BACK ROCK, VINE, CROSS

1, 2, 3, 4      Touch R toe to side, drop R heel, rock L back, recover weight on R (12:00)  
5, 6, 7, 8      Step L to side, step R behind L, step L to side, cross R over L

## SIDE TOE STRUT, BACK ROCK, VINE ¼ RIGHT, BRUSH

1, 2, 3, 4      Touch L toe to side, drop L heel, rock R back, recover weight on L  
5, 6, 7, 8      Step R to side, step L behind R, turn ¼ right stepping R fwd, brush L fwd (3:00)

## FWD LOCK-STEP, HOLD, LEFT ½ PIVOT, LEFT ¼ PIVOT

1, 2, 3, 4      Step L fwd, step R crossed behind L, step L fwd, hold  
5, 6      Step R fwd, pivot ½ turn left transferring weight onto L (9:00)  
7, 8      Step R fwd, pivot ¼ turn left transferring weight onto L (6:00)

## 'TOE STRUT' JAZZ BOX CROSS

1, 2, 3, 4      Cross R toe over L, drop R heel, touch L toe back, drop L heel  
5, 6, 7, 8      Touch R toe to side, drop R heel, cross L toe over R, drop L heel

## POINT-TOUCH-POINT, HOLD, BEHIND-SIDE-CROSS, HOLD

1, 2, 3, 4      Point R toe to side, touch R toe beside L instep, point R toe to side, hold  
5, 6, 7, 8      Step R behind L, step L to side, step R across L, hold

## POINT-TOUCH-POINT, HOLD, BEHIND, ¼ RIGHT, FWD, HOLD

1, 2, 3, 4      Point L toe to side, touch L toe beside R instep, point L toe to side, hold  
5, 6, 7, 8      Step L behind R, turn ¼ right stepping R fwd, step L fwd, hold (9:00)

\* **RESTARTS:** on wall 3 after 24 counts (facing 12 o'clock)

wall 5 after 24 counts (facing 3 o'clock)

wall 7 after 40 counts (facing 6 o'clock)

wall 10 after 40 counts (facing 6 o'clock)

(Restarts on wall 7 and 10: counts 37, 38, 39, 40 **BEHIND-SIDE-TOUCH, HOLD**)

37, 38, 39, 40      Step R behind L, step L to side, tap R toe next to L, hold

\* **ENDING:** after 22 counts, **STEP R FWD** facing the front