Vintage Man



音乐: Vintage Man - No Bull



RF = right foot LF = left foot

**2 restarts (2nd. & 6th. sequence only 32 counts), 1st. & 10th. sequence modified.

[1-8] HEEL, TOE STRUT, SCISSOR CROSS, SLIDE, COASTER STEP

1-2& Side RF heel touch. RF toe touch crossed behind LF. Change the weight on to RF

3&4 LF side step. Step RF shortly to the left. Crossed step LF over RF.
5-6 Step RF diagonally back (turning 45° to the left). Slide LF next to RF.

7&8 (keep on facing 45° to the left) Step RF back. Step LF next to RF. Step RF forward.

Important: In the first sequence we don't dance this section above. We will wait (in a 8-count-HOLD) and start the dance from the 2nd section (facing at 12h.)

[9-16] TOE TOUCH, 1/4 TURN HOOK, SHUFFLE, 1/4 TURN SHUFFLE, ROCK

1-2 Side LF toe touch (turning 45° to the right). ¼ turn (to right) hook LF behind RF.

3&4 Step LF back. Step RF over LF. Step LF back.

5&6 ¼ turn (to right) step RF. Crossed step LF behind RF. Step RF forward.

• The 10th sequence is modified from this count (facing at 9h.).

• The dance will finish here, in the 11th sequence, by adding a hold and a stomp forward with the LF.

7-8 Rock LF forward. Recover the weight on RF.

[17-24] STEP, ROCK, 1/4 TURN JAZZBOX, SCUFF, ROCK STEP

&1-2 (Jumping) Step LF back next to RF. Step RF back. Recover the weight on LF.

3-4 Crossed step RF over LF. Step LF shortly back.5-6 ¼ turn (to right) step RF. Step LF next to RF.

7&8 Scuff RF. Side rock RF. Recover the weight on LF bringing RF back to centre.

[25-32] ROCK STEP, SHUFFLE, STEP ½ TURN, ½ TURN SHUFFLE

1-2 Rock RF back. Recover the weight on LF bringing RF back to centre.

3&4 Step RF forward. Crossed step LF behind RF. Step RF forward.

5-6 Step LF forward. ½ turn (to right) step RF.

7&8 ¼ turn (to right) step LF. Step RF next to LF. ¼ turn (to right) step LF.

• Here, there is a restart in the 2nd and the 6th sq, so: in the last 2 counts we will replace the ½ turn shuffle for a full turn shuffle, and restart the dance (facing at 6h.)

[33-36] ½ TURN SHUFFLE, STEP, TOE TOUCH.

1&2 ¼ turn (to right) step RF. Step LF next to RF. ¼ turn (to right) step RF.

3-4 Step LF forward. Toe touch RF next to LF.

*10th SEQUENCE (MODIFIED) (it begins looking at 3h.): After the first 14 counts (without changes), we will do a stomp LF and a 5-count-hold; and then continue dancing from count 19 (jazzbox) to count 32; finally, add a step RF forward and step LF next to RF