

CT Hearts Desire

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Doris O'Bryant Wilkie (USA) - August 2020
音乐: Heart's Desire - Lee Roy Parnell



Alt. music:

Mustang Sally by Wilson Pickett,
Super Love by Exile

SAILOR SHUFFLE

1&2-3&4 Left sailor shuffle, right sailor shuffle
5&6-7&8 Left sailor shuffle, right sailor shuffle

SHIMMY RIGHT, CLAP, SHIMMY LEFT, CLAP

1-2-3-4 Shimmy right with clap
5-6-7-8 Shimmy left with clap

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT TOE NEXT TO RIGHT

1-2-3-4 Walk back right, left, right, touch left toe next to right foot

HEEL &, HEEL &, HEEL, TOUCH LEFT TOE NEXT TO RIGHT

5&6&7&8 Right heel forward, heel back, left heel forward, heel back, right heel forward, right heel back, touch left toe next to right foot.

SHUFFLE LEFT FOOT FORWARD, RIGHT FOOT FORWARD, PIVOT ½ TURN, KICK BALL TOUCH.

1&2-3&4 Shuffle left forward, shuffle right forward
5-6-7&8 step left forward pivot ½ turn right, (weight on right foot) kick left foot forward diagonally to left, step down on left, (keep weight on left foot) touch to side with right toe.