

Nació El Amor

拍数: 96 墙数: 1 级数: Phrased Low Improver
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音乐: Nació el Amor - Isla San Juan



SEQ: A,A,B,C,C,A,B,C,C,C (Restart after 16 count), C,C,C,

INTRO: 32 COUNTS

[1-8] BASIC BACHATA R & L

1-4 RF step to R side, LF close near RF, RF step to R side, LF touch beside RF
5-8 LF step to L side, RF close near LF, LF step to L side, RF touch beside LF

[9-16] BASIC BACHATA R & L

1-4 RF step to R side, LF close near RF, RF step to R side, LF touch beside RF
5-8 LF step to L side, RF close near LF, LF step to L side, RF touch beside LF

[17-24] BASIC BACHATA R & L

1-4 RF step to R side, LF close near RF, RF step to R side, LF touch beside RF
5-8 LF step to L side, RF close near LF, LF step to L side, RF touch beside LF

[24 -32] BASIC BACHATA R & L

1-4 RF step to R side, LF close near RF, RF step to R side, LF touch beside RF
5-8 LF step to L side, RF close near LF, LF step to L side, RF touch beside LF

PART A: 32 COUNTS

[1-8] RHUMBA BOX R FWD

1-2 RF step to R side, LF close RF
3-4 RF step fwd, LF touch beside RF
5-6 LF step to L side, RF close LF
7-8 LF step bwd, RF touch beside LF

[9-16] RHUMBA BOX L BWD

9-10 RF step to R side, LF close RF
11-12 RF step bwd, LF touch beside RF
13-14 LF step to L side, RF close LF
15-16 LF step fwd, RF touch beside LF

[17-24] STEP TOUCH X4

17-18 RF step fwd, LF touch beside RF
19-20 LF step bwd, RF touch beside LF
21-22 RF step fwd, LF touch beside RF
23-24 LF step bwd, RF touch beside RF

[25-32] JAZZ BOX, BASIC BACHATA L

25-26 Cross RF over LF, step LF back
27-28 RF step to right side, FL touch beside RF
29-30 LF step to left side, RF close behind LF
31-32 LF step to left side, RF touch beside LF

PART B: 32 COUNTS

[1-8] WALK FWD X 3 TOUCH, BWD X 3 TOUCH

1-4 RF step fwd, LF step fwd, RF step fwd, LF touch beside RF
5-8 LF step bwd, RF step bwd, LF step bwd, RF touch beside LF

[9-16] BASIC BACHATA R, L

9-12 RF step to R side, LF close near RF, RF step to R side, LF touch beside RF
13-16 LF step to L side, RF close near LF, LF step to L side, RF touch beside LF

[17-24] WALK DIAGONAL R FWD, BWD

17-20 RF step fwd diagonal R, LF step fwd, RF step fwd, LF hitch
21-24 LF step bwd diagonal L, RF step bwd, LF step bwd, RF touch beside LF

[25-32] WALK DIAGONAL L FWD, BWD

25-28 RF step fwd diagonal L, LF step fwd, RF step fwd, LF hitch
29-32 LF step bwd diagonal R, RF step bwd, LF step bwd, RF touch beside LF

PART C: 32 COUNTS**[1-8] SUGAR FOOT**

1-4 RF swivel R, LF swivel L, RF swivel R, LF touch near RF
5-8 LF swivel L, RF swivel R, LF swivel L, RF touch near LF

[9-16] CROSS OVER BEHIND SIDE CROSS TOUCH X 2

9-12 RF cross over LF, LF step to L side, RF cross behind LF, RF point L side
13-16 LF cross over RF, RF step to R side, LF cross behind RF, LF point R side

(Restart on 10 wall)

[17-24] JAZZ BOX WITH ¼ TURN L X 2

17-20 Cross RF over LF, step LF back with ¼ turn L, RF step to R side, LF step fwd (3.00)
21-24 Cross RF over LF, step LF back with ¼ turn L, RF step to R side, LF close beside (6.00)

[25-32] BASIC BACHATA R, STEP L, FULL TURN L

25-28 RF step to R side, LF close near RF, RF step to R side, LF touch beside RF
29-30 LF step to L side with ¼ turn L, RF turn ¼ L
31-32 LF turn ½ L, RF touch behind (6.00)
