

Youth 123 (青春123)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Beginner
编舞者: Seok Wai (SG) - August 2020
音乐: Youth 123 (青春123) - Yan Li Ming (顏黎明)



Intro : 16 count

Dance Sequence : Tag,A,A,B,Tag,A,B,B,Tag

Tag : 16 count

Run Forward Right,Left,Right Left, Hip Bump To Right

1-4 Run forward right,left,right left (Easy Version : walk forward R,L,R,L)

5-8 Hip bump to right 4 count

(Styling : 5-8: Right index finger pointing forward or show your fingers :1,2,3 pose)

Run Back Left,Right,Left,Right, Hip Bump To Left

1-4 Run back left,right ,left ,right (Easy Version : Walk back L,R,L,R)

5-8 Hip bump to Left 4 count

(Styling : 5-8: Left index finger pointing forward or show your fingers: 1,2,3 pose)

Part A: 32 count

KICK Forward Right,Left,Right,Left

1-4 Kick right forward, step right beside left, kick left forward, step left beside right

5-8 Kick right forward, step right beside left, kick left forward, step left beside right

(Styling: Opposite index finger pointing forward when you kick)

Forward Cha Cha Right,Left,Right,Left

1&2,3&4 Step right forward, step left behind right, step right forward, step left forward, step right behind left, step left forward

5&6,7&8 Step right forward, step left behind right, step right forward, step left forward, step right behind left, step left forward

(Styling : Roll fists)

Vine Right, Scuff Left, Vine Left Turn ½ Left, Scuff Right

1-4 Step right to side, cross left behind right, step right to side, scuff left forward

5-8 Step left to side, cross right behind left, turn ¼ left and step left forward, turn ¼ left and scuff right forward

Toe Struts Right,Left,Right,Left

1-4 Touch right toe forward, drop right heel down,touch left toe forward, drop left heel down

5-8 Touch right toe forward, drop right heel down,touch left toe forward, drop left heel down

(Styling : Scissors Eye)

Part B : 32 counts

Twist On The Spot

1-4 Twist heels to right, twist heels to left, twist heels to right, twist heels to left,

5-8 Twist heels to right, twist heels to left, twist heels to right, twist heels to left,

Cross Right,Hold,Cross Left ,Hold,Right,Hold, Left,Hold

1-4 Cross right over left,hold 1 count, cross left over right,hold 1 count

5-8 Step back on right,hold 1 count, step left to side,hold 1 count)

(Styling : Snap fingers up down, up down)

Twist On The Spot

1-4 Twist heels to right, twist heels to left, twist heels to right, twist heels to left,

5-8 Twist heels to right, twist heels to left, twist heels to right, twist heels to left

Right Rocking, Jazz Box ½ Turn Right

1-4 Rock forward on right, recover, rock back on left, recover

(Styling : Cross Arms on 1,2)

5-8 Cross right over left, step back on left (¼ turn Right), step right to side (1/4 turn right), step
Left to side

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