

# Know Your Worth

**COPPER KNOB**  
BY STEPHEN B. BROWN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Michelle Jackson (USA) & Todd Lescarbeau (USA) - July 2020  
音乐: Know Your Worth - Khalid & Disclosure



**Intro: 16 counts at start of lyrics**

**S1: Walk R, L, anchor step, ½ turn, ½ turn, ¼ turn & touch, ball cross**

1,2            step R forward, step L forward  
3&4            step R slightly behind L, step L in place, step R in place  
5,6            turn ½ L & step forward, turn ½ L and step back  
&7,&8        turn ¼ L & touch R to R side, step R to R side, cross left over right 9:00

**S2: ¼ turn, hip bump, hip bump, ⅙ turn, step R & L fwd diagonal, clockwise hip circle**

1&2            turn ¼ R touch R toe fwd bumping hips fwd, back, fwd (wt fwd on R) 12:00  
3&4            touch L toe fwd bumping hips fwd, back, fwd (wt on L) (upper body angle to 2:00)  
5,6            turn ⅙ R to square off at 3:00 stepping R to fwd R diagonal, step L to fwd L diagonal 3:00  
7,8            circle hips clockwise (weight on L) 3:00

**S3: Sailor step, Cross shuffle, ¼ cross hitch, step hold, ball step**

1&2            step R behind L, step L to L side, step R to R side  
3&4            cross L over R, step R to R side, cross L over R  
5,6            turn ¼ L while hitching R knee across L, step R fwd 12:00  
7&8            hold, step L next to R, step R fwd 12:00

**S4: Big step,heel drag,touch ,⅙ turn touch,balance fwd R & L heel, step R to R, touch L next To R, ⅙ turn,knee pop**

1,2            big step L with L, drag R heel together  
&3,&4        step R next to L, touch L beside R while turning L knee inward, turn ⅙ L on ball of L, touch R beside L while turning R knee inward 11:00  
5,6            step R foot fwd on heel, step L foot fwd on heel (toes up)  
&7,8        step R back R, touch L next to R while turning L knee inward, turn ⅙ L on ball of L while popping R knee fwd. 9:00

**Begin again & have fun!!**

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