AB Knockin' Boots



拍数: 32 墙数: 4 级数: Ultra Beginner

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音乐: Knockin' Boots - Luke Bryan



Intro Counts: Start dance as soon that the music start.

(For new beginners: During practice beginners start at 64 count)

STEP FORWARD - TAP TOE BESIDE x4 WITH FINGER SNAPS

1-2	Step forward with Rt foot - Tap Lt toe beside Rt foot.and snap your fingers	
3-4	Step forward with Lt foot - Tap Rt toe beside Lt foot and snap your fingers	
5-6	Step forward with Rt foot - Tap Lt toe beside Rt foot and snap your fingers	
7-8	Step forward with Lt foot - Tap Rt toe beside Lt foot and snap your fingers	
Options for count 2,4,6,& 8: Scuff forward but make sure it's heard when the heel hits the floor.		

STEP BACKWARDS - TAP TOE BESIDE X4

3-4	Step backwards with Lt foot - Tap Rt toe beside Lt foot and snap your fingers	
5-6	Step backwards with Rt foot - Tap Lt toe beside Rt foot and snap your fingers	
7-8	Step backwards with Lt foot - Tap Rt toe beside Lt foot and snap your fingers	
Options for count 2.4.6.8.9: Stomp the heal in the floor		

Options for count 2,4,6 & 8: Stomp the heel in the floor

(RT)SIDE - TOGETHER - SIDE - TOUCH, (LT) SIDE - TOGETHER - 1/4 TURN LEFT - TOUCH

1-2	Step Rt foot to Rt side - Step Lt foot beside Rt foot.
3-4	Step Rt foot to Rt side - Touch Lt toe beside Rt foot.
5-6	Step Lt foot to Lt side - Step Rt foot beside Lt foot.

7-8 Step forward with Lt foot while turning ¼ to Lt - Touch Rt toe beside Lt foot.

Options: Count 1-4 vine with scuff, count 5-6 vine 1/4 turn with a scuff or hold

V-STEP WITH CLAP

1-2	Step Rt foot forward diagonally to the Rt - Touch Lt toe beside Rt foot and clap your hands.	
3-4	Step Lt foot backwards diagonally to the Lt - Touch Rt toe beside Lt foot and clap your hands.	
5-6	Step Rt foot backwards diagonally to the Rt - Touch Lt toe beside Rt foot and clap your hands.	
7-8	Step Lt foot forward diagonally to the Lt - Touch Rt toe beside Lt foot and clap your hands	
Ontion on count 5 -6: Turn the body diagonally backwards and make a pat in the direction of the floor		

Repeat - Enjoy!

Last Update - 13 Oct. 2020