

Always in My Heart (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner

编舞者: Anlas Cheong (SG) - 2020年08月

音乐: Zai Xin Li Cong Ci Yong Yuan You Ge Ni (在心里从此永远有个你) - Angela (安祈尔)



Music count in : 36 counts

SEC 1: R FIGURE 8 VINE

1 2 3 4 Step RF to R side, Step LF behind RF, 1/4R turn step RF forward, Step LF forward;
1 2 3 4 右侧踏, 左后叉右, 1/4右转右前踏, 左前踏;
5 6 7 8 1/2R pivot turn, 1/4R turn LF step L side, Step RF behind LF, Step LF to L side. (12)
5 6 7 8 右半转换力, 1/4右转左侧踏, 右后叉左, 左侧踏。

SEC 2: R SIDE SHUFFLE, 1/2R L SIDE SHUFFLE, JAZZ BOX CROSS.

1&2 3&4 Step RF to R side, Step LF close RF, Step RF to R side, 1/2R turn LF step L side, Step RF close LF, Step LF to L side;
1&2 3&4 右侧踏恰恰. 右半转左侧恰恰;
5 6 7 8 Cross RF over LF, Step back on LF, RF step to R side, Cross LF over RF. (6)
5 6 7 8 右前叉左, 左后踏, 右侧踏, 左前叉右。

SEC 3: (SIDE, REPLACE, BEHIND SIDE CROSS) X 2

1 2 3&4 Step RF to R side, Rock LF in place, Step RF behind LF, Step LF to L side, Cross RF over LF;
1 2 3&4 右侧踏, 左还原, 右后叉左, 左侧踏, 右前叉左;
5 6 7&8 Step LF to L side, Rock RF in place, Step LF behind RF, Step RF to L side, Cross LF over RF; (6)
5 6 7&8 左侧踏, 右还原, 左后叉右, 右侧踏, 左前叉右。

SEC 4: R ROCKING CHAIR ; 1/4R JAZZ BOX ENDS WITH SIDE DRAG.

1 2 3 4 Step RF forward, Rock LF Replace, Step RF back, Rock LF in place;
1 2 3 4 右前踏, 左还原, 右后踏, 左还原;
5 6 7 8 Cross RF over LF, Step back on LF, 1/4R turn RF big step to R side, Drag LF close to RF. (9)
5 6 7 8 右前叉左, 左后踏, 1/4右转右大步往右踏, 左拉近拼右。

Ending At 11th wall, after 16 counts, add 2 counts - RF big step to R side, Drag Lf to close to RF.

Pose & smile ..

结尾 第11面墙, 跳到16拍, 加2拍 - 右大步往右踏, 左拉近拼右。