## Rover (Mu La La)



编舞者: Hiroko Carlsson (AUS) - August 2020 音乐: Rover (feat. DTG) - S1mba : (iTunes)



(Intro: 32 counts)

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1 2	Heel Swivel Sequence (Single-Double), Hip Bump, Behind-1/4L-Fwd Rock Step R out to the side, Step L out to the side
&3 &4&5	Swivel R heel to the right, Recover to the centre Swivel L heel to the left, Recover to the centre, Swivel L heel to the left, Recover to the centre
&6	Hip bump to the right, Return to the centre
7&8&	Step R behind L, Make a 1/4 turn left stepping forward on L, Rock forward on L, Recover weight on R (9:00)
[S2] 1+1/2R Quick Turn-Fwd, Kick-Back-Touch, Point-Hitch-Together, Point-Hitch-Together-Push Back	
1&	Make a 1/2 turn right stepping forward on R, Make a 1/2 turn right stepping back on L
2&	Make a 1/2 turn right stepping forward on R, Step forward on L
3&4	Kick forward on R, Step back on R, Touch L toe close to R
5&6	Point L to the side, Hitch L knee, Step L together
&7&	Point R to the side, Hitch R knee, Step R together
8	Push/rock back on L and slightly hitch R knee
[S3] Body Rolls-Back, 1/4L Body Rolls-Behind	
12	Step forward on R (body roll forward), Recover weight on L
&3	Rock forward on ball of R, Recover weight on ball of L
&4&	Rock forward on ball of R, Recover weight on ball of L (optional: chest pop/shoulder pop to add attitude when you rock), Step back on R
5 6	Make a 1/4 turn left stepping forward on L (body roll forward), Recover weight on R (12:00)
&7	Rock forward on ball of L, Recover weight on ball of R
&8	Rock forward on ball of L, Recover weight on ball of R (optional: chest pop/shoulder pop to add attitude when you rock), Step L behind R
[S4] 1/4R Fwd Rock-1/4R, Fwd Rock-1/2L-1/2L, Back Rock-Paddle Turn-Flick-Cross	
1 2&	Make a 1/4 turn right and rock forward on R, Recover weight on L, Make a 1/4 turn right stepping forward on R (6:00)
3&	Rock forward on L, Recover weight on R
4&	Make a 1/2 turn left stepping forward on L, Make a 1/2 turn left stepping back on R (6:00)
5 6	Rock back on L, Recover weight on R

## No Tags or Restarts

&7

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Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 12/Aug/20)

Step forward on L, Make a 1/4 turn right recover weight on R (9:00)

Flick L toe to the left, Cross L over R