

Cheers

拍数: 32 墙数: 4 级数: Improver
编舞者: Double Trouble (CAN) - August 2020
音乐: Cheers - Sacha



Start Dance on vocals 16 counts into the music based on music video.

[1-8] Side Right Touch left, Side Left Touch Right, Two steps to the right side with a Touch, Side Left Touch Right, Side Right Touch Left, Two steps to the left side with a touch.

- 1 & 2 & Step right foot to right side, touch left beside right, step left foot to left side, touch right beside left.
- 3 & 4 & Step right foot to right side step left foot beside right, step right foot to right side touch left beside right.
- 5& 6 & Step left foot to left side, touch right foot beside left, step right foot to right side, touch left foot beside right.
- 7 & 8 & Step left foot to left side, step right foot beside left, step left foot to left side, touch right beside left.

[9-16] Cross Rock Right Over Left Recover Right, Cross Rock Left over Right Recover Left, Step 1/8 turn to left, Step 1/8 turn Left.

- 1& 2 Cross rock right over left, quickly step onto left, recover onto right.
- 3 & 4 Cross rock left foot over right, quickly step onto right step recover onto left. .
- 5 – 8 step right foot forward and make 1/8 of a turn to your left stepping onto left foot, step right foot forward and make 1/8 of a turn to your left, stepping onto left foot.

Restart here on wall 4.

[17-24] Shuffle forward Right, rock forward left, Recover onto Right, Walk back Left, Right, Left, Touch Right beside Left.

- 1 & 2 Shuffle Forward R, L, R.
- 3-4 Rock forward onto your left foot, recover onto right foot.
- 5 –8 walk back Left, Right, Left, Touch Right beside Left.

Tag and second restart happens here on 5th wall

[25-32] Right scissor step, Left Scissor step, Skate Right, Left, Right, Left.

- 1&2 Step right foot to right side, quickly step left foot beside right and step right foot over left.
- 3 & 4 Step left foot to left side, quickly step right foot beside left and step left foot over right.
- 5-8 Skate in place Right, Left, Right Left. .

First Restart is on wall 4 after the first 16 steps.

Tag /Restart is on wall 5. You will do 24 counts of the dance,

- 1 – 4 Tap your right heel 4 times, while raising your Right arm for a CHEERS (as Sacha says in the song raise up your party glass), and then start the dance again, leaving off the last 8 counts of the dance.