

# No More Lonely

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Dwi Soediono (INA) & Imam Wahyudi (INA) - August 2020  
音乐: No More Lonely - David Ball



#2X Restart on wall 3 & 7 after 2 counts facing (12:00)

Start on vocals - Intro: 32 counts

## S.I: SYNCOPATED TOE STRUT, SYNCOPATED ROCKING CHAIR, TRIPLE FWD, 1/4 PIVOT RIGHT, CROSS

- 1            Touch RF toe in place
- &           Drop RF heel
- 2            Touch LF toe in place
- &           Drop LF heel
- 3            Step RF fwd
- &           Recover on LF
- 4            Step RF back
- &           Recover on LF
- 5            Step RF fwd
- &           Step LF next to RF
- 6            Step RF fwd
- 7            Step LF fwd
- &           Make 1/4 pivot turn Right
- 8            Cross LF over RF (weight on LF)

## S.II: SYNCOPATED HEEL SWITCH, SIDE TOUCHES, ROCK STEP, 1/4 RIGHT CHASSE

- 1            Touch RF heel fwd
- &           Step RF next to LF
- 2            Touch LF heel fwd
- &           Step LF next to RF
- 3            Touch RF toe to Right side
- &           Bring RF beside LF
- 4            Touch LF toe to Left side
- &           Bring LF beside RF
- 5            Step RF fwd
- 6            Recover on LF
- 7            Make 1/4 turn Right step RF to Right side
- &           Close LF beside RF
- 8            Step RF to Right side

## S.III: SYNCOPATED SIDE TOUCH, SYNCOPATED HALF RUMBA BOX FWD

- 1            Step LF to Left side
- &           Touch RF toe beside LF
- 2            Step RF to Right side
- &           Touch LF toe beside RF
- 3            Step LF to Left side
- &           RF together
- 4            Step LF fwd
- 5            Step RF to Right side
- &           Touch LF toe beside RF
- 6            Step LF to Left side

& Touch RF toe beside LF  
7 Step RF to Right side  
& LF together  
8 Step RF fwd

**S.IV: SYNCOPATED SIDE ROCK CROSS X2, COASTER STEP, SYNCOPATED ROCKING CHAIR**

1 Step LF to Left side  
& Recover on RF  
2 Cross LF over RF  
3 Step RF to Right side  
& Recover on LF  
4 Cross RF over LF  
5 Step LF back  
& Step RF next to LF  
6 Step LF fwd  
7 Step RF fwd  
& Recover on LF  
8 Step RF back  
& Recover on LF (weight on LF)

**Begin again... Enjoy - Keep Smiling**

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