

Bendera

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Bendera - Cokelat



START : After Intro 32 C.. Restart : Wall 3 & 7 After 48 Count

I. K STEP (OUT.- OUT – IN – IN)

1 2 Step R Out Diagonal, step L Out Diagonal
3 4 Step R In Place, step L Together
5 6 Step R Out Diagonal, step L Out Diagonal
7 8 Step R In Place, step L Together

II. DIAGONAL – HOLD - DOUBLE STOMP

1 2 Step R Diagonal, step R Hold
3 4 Step L Stomp in place, step L Stomp
5 6 Step L Diagonal, step L Hold
7 8 Step R Stomp in place, step R Stomp

III. ROCKING CHAIR – PADDLE TURN ½ TO LEFT

1 2 Step R Forward, Recover on L
3 4 Step R Backward, Recover on L
5 6 Step R Turn ¼ to Left, Recover on L
7 8 Step R Turn ¼ to Left, Recover on L

IV. ROCKING CHAIR – PADDLE TURN ½ TO LEFT

1 2 Step R Forward, Recover on L
3 4 Step R Backward, Recover on L
5 6 Step R Turn ¼ to Left, Recover on L
7 8 Step R Turn ¼ to Left, Recover on L

V. GRAPEVINE – TOUCH

1 2 Step R to Side, step L Cross Back
3 4 Step R to Side, step L Touch Together
5 6 Step L to Side, step L Together
7 8 Step L to Side, step L Touch Together

VI. GRAPEVINE – TOUCH

1 2 Step L to Side, step R Cross Back
3 4 Step L to Side, step R Touch Together
5 6 Step R to side, step R Together
7 8 Step R to Side, step R Touch Together

VII. TURN ¼ TO LEFT - SACHEE

1 2 Step R Turn ¼ to Left, step L Together
3 4 Step R to Side, step L Together
5 6 Step L to Side, step R Together
7 8 Step L to Side, step R Together

VIII. TURN ¼ TO LEFT - SACHEE

1 2 Step R Turn to Left, step L Together
3 4 Step R to Side, step L Together

5 6 Step L to Side, step R Together
7 8 Step L to Side, step R Together

Note : TAG 16 Counts : after Wall 1 (16 C) & after Wall 5 (8 C)

1 2 3 4 Step R Kick Ball, step R in Place, Step L Kick Ball, step L in Place
5 6 7 8 Step R Kick Ball, step R in Place step L Kick Ball, step L in Place
1 2 Step R Turn $\frac{1}{4}$ to Left Kick Ball, step R in Place
3 4 Step L Turn $\frac{1}{4}$ to Left Kick Ball, step L in Place
5 6 Step R Turn $\frac{1}{4}$ to Left Kick Ball, step R in Place
7 8 Step L Turn $\frac{1}{4}$ to Left Kick Ball, step L in Place

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