

Arabic Shake

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Omar - Insha Allah



A1# SIDE – MAMBO – STEP BACK – HIP BUMP

1&2 Step R to side, L in the place, R close to L
3&4 Step L to side, R in the place, L close to R
5&6 Step R back forward with hip bump, L - R
7&8 Step L back forward with hip bump, R- L

A2# LOCK SHUFFLE DIAGONAL R – L – VOLTA TURN FULL

1&2 Step R diagonal to R, L behind R, R forward diagonal to R
3&4 Step L diagonal to L, R behind L, L forward diagonal to L
5&6& Turn R 1/4 to R forward, Ball L behind R, turn R 1/4 R forward, Ball L behind R
7&8 Turn R 1/4 R forward, Ball L behind R, turn R 1/4 R forward

A4# EXTENDED WEAVE R – L – STEP HEEL TOUCH

1&2& Cross L over R, step R to side, cross L behind R, R to side
3&4 Cross L over R, R to side, step L heel diagonal to L
5&6& Cross over L, step L to side, cross R behind L, L to side
7&8 Cross R over L, L to side, step R heel diagonal to R

A4# CROSS SHUFFLE – TURN 1/2 RIGHT – SWAY

1&2 Cross L over R, step R side, cross L over R
3&4 Turn R 1/2 step R cross over L, L to side, cross R over L
5&6 L to side, turn R 1/2 R in the place, L forward close beside R
7&8 Sway to L – R – L

TAG# - PIVOT 1/2

1-2 Step R forward, turn L 1/2 L in the place
3-4 Step R forward, turn L 1/2 L in the place