

Fly

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Joy McIntosh (AUS) - July 2020
音乐: Fly - Adam Brand : (Album: Speed Of Life - 3:14)



Intro: 32 counts Tag: 1

FORWARD, CROSS SIDE BEHIND, BEHIND SIDE CROSS SIDE CROSS BACK, 1/4L FORWARD, 1/4L SIDE

1, 2&3, Step forward L, cross R over L, Step L to side, Step R behind L
4&5&6, Sweep L behind R, Step L, Step R to side, Cross L, Step R to side, Cross L
7, 8& Rock back R, 1/4L step L forward, 1/4L Step R to side (6.00)

ROCK BACK RECOVER SIDE, ROCK BACK RECOVER , SWEEP, SWEEP, COASTER FORWARD, TOGETHER

1,2& 3,4 Rock L back on angle, recover R, Step L to side, Rock R back on angle, recover L,
5,6 Sweep R, Sweep L
7&8& Coaster forward, R,L,R, Step L together (7.30)

TOUCH TOE BACK 1/2R STEP DOWN, FULL TURN, CROSS SIDE BACK, BACK, 1/8L SIDE, 1/8L FORWARD, TOGETHER

1,2,3,4 Touch R toe back, 1/2 R Step down, 1/2R Step L back, 1/2R Step R forward (1.30)
5&6, Cross L over R, Step R to side, Step L back
7&8& Step R back, 1/8L Step L to side, 1/8L Step R forward, Step L together (10.30)

ROCK FORWARD RECOVER TOGETHER, ROCK BACK, RECOVER, TOGETHER, CROSS, 1/8R BACK , 1/2R FORWARD, FORWARD,TOGETHER

1,2&3,4& Rock R forward recover L, Step R together, Rock L back recover R, Step L together
5,6,7,8& Cross R over L, 1/8R Step back L, 1/2R Step R forward, Step L forward, Step R together (6.00)

TAG; At the end of Wall 2 add the following tag and Restart at 12.00 Wall

1,2,3&4 Rock L forward recover on R, Shuffle back L,R,L
5,6,7&8 Rock R back recover on L, shuffle forward R,L,R

FINISH: On Wall 7, dance up to Count 30, then Step R to side, Touch L together

Please feel free to copy this sheet provided that no changes are made to the original sheet.

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